

स्वामी विवेकानंद की दृष्टि में भारतीय मूल्य

डॉ. हरनाम सिंह अलरेजा



Lokesh foodkum dh nf'V
eallkj rh; eM;



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Loket foodkum dh nf'V

eaHkj rh; eV;

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MMWgjule fl g vyjstk

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"kkI dh; fnfxot; egkfo|ky; jktuknxxkk NÜkhl x<+

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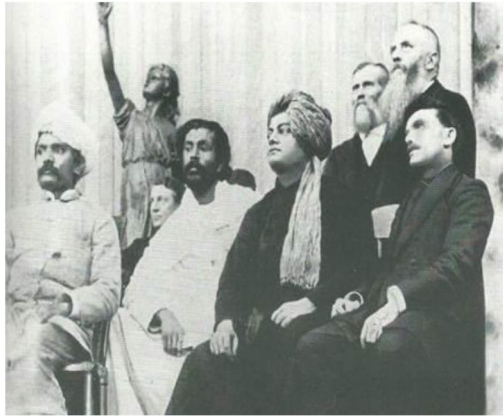
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J)š xq

MMVVK:k jk; th

dkl efiř



Hijr dk xifo

Lokh fooskum

ejh ckr

Hkkjr tš s i k p h u n s k d s f y , ; g v R ; U r f p l r k d k f o " k ; g S f d
o r ž e k u e s ; f n d k b z f o p k j d ; k c f } t h o h H k k j r d h i k p h u
i j i j k v k a ; k l a Ñ f r i j f o " o k l j [k r k g S r k s m l s , d f o " k S k
d k S V d k f o p k j d e k u f y ; k t k r k g S ; g v k " p ; ž t u d g S f d
v i u s n s k v k š m l d h l a - f r v k š i j i j k v k s l s i e d j u s o k y s
f p r a d d k s f u " i { k f o p k j d u k e k u d j l a d h . k z v k š l k a n k f ; d
f p r a u d j u s o k y s [k k a p s e a M k y f n ; k t k r k g a , d k r k s f o " o d s
f d l h H k h n s k e a u g h g k r k g a D ; k g e L o k e h f o o d k u m d k s
b l f y , l k a n k f ; d f o p k j d d g l d r s g S f d o k s H k x o k o L =
/ k k j . k d j r s F k s v k š v i u s n s k d h l a - f r l s v F k k g y x l o j [k r s
F k s o s r k s H k k j r d s _ f " k ; k a v k š l U ; k f l ; k a d h i j i j k e a , d s
v n H k r l k / k d g q s g S f t U g k u s f o j D r l U ; k f l ; k a d k s H k h b l n s k d s
l o k d k ; z e a l f Ø ; f d ; k v k š j k e d " . k f e " k u d h l F k k i u k d h A o s
H k k j r d k s i q ; H k h e e k u r s F k s v k š t u e k u l d k s v i u s n s k l s i e
d j u k f l [k k r s F k a L o k e h f o o d k u m H k k j r d s f n 0 ; n f " V l a l u
l k / k d] f o p k j d F k a 1 9 o h ' k r k C n h d s v a r] l u - 1 8 9 7 e a t c o a
v e f j d k] b X y M l s y k S / d j v k r s g S r k s H k k j r h ; n f " V d k s k l s
; j k s i ; n s k k s d k v k d y u d j r s g q s d g r s g S f d ^ v x y s i p k l o " k z
e a g h ; g ; j k s i t k s v k t l E k L r H k k S r d ' k f D r d s f o d k l d k d l n z
c u c B k g š ; f n v i u h f l F k f r d k s i f j o f o r d j u s d h p S B k u g h
d j r k j v i u k v k / k k j u g h c n y r k r F k k v k / ; k f R e d r k g h

dlkthouk/kkj ugh cuk yrk gS rks cjckn gls tk, xkA /ky eafey
tk, xk vls ;fn ;jki dks dkbZ "kfdR cpk l drh gS rks og gS
doy mifu"nks dk /keA^ vls muds bl njnrfV iwZ dFku ij
/; ku fn; k tk, rks mudk ;g fopkj l R; l kfer gsrk gS vls
vxys ipkl o"kkA ea i Fke fo"o; q 1/914&18 1/2 f}rh; fo"o ; q
1/939&45 1/2 gksrS gS vls ;jki dk , d k dkbZ ?kj ugh cprk tglA
fdl h uk fdl h ikfjokfjd l nL; dh bl ; q ds dkj .k eR; q uk
gbl gkA

tc jfonukFk vSvkj dgrs gS fd ;fn Hkkjr dks tkuuk gls rks
fooskum dks i<uk pkfg, rks ,d rF; rks fcYdy Li"V gls
tkrk gS fd ifjoktd cudj ijs Hkkjr dk Hk.k djrs gqf
mlgkus bl nsk dks tkuk Fk vls Lokh fooskum us Hkkjr dks
tkxr nork dh rjg intk FkA bl fy, bl nsk ds ifr mudh
nf"V vls fopkj egRoiwZ gA vk; krhr fopkj/kkjvka l s bl nsk
dk Hkyk ugh gls l drk gS uk gh fdl h ik"pR; fopkj d ; k
v/kfed fopkj i)fr l s bl nsk ea dkbZ ifjorZ fd; k tk
l drk gS vFkok nsk dh l eL; kvla dk Bld l ek/kku <ek tk
l drk gA bl ds fy, gea nsk ds gh , d s fopkj dk nk"krudka dks
[kkst uk iMek tIs bl nsk dks bl nsk dh l dfr dks l e>rS
FkA Lokh fooskum muea l s ,d gA mlgkus bl nsk dks
xkSokflor djus ds fy, viuk thou gke dj fn; k FkA bl h

mís'; dks /; ku eaj [kdj ; g i qrd "Lokh foosdkun dh nf'V
eaHkkjrh; eW; ** ij dk; Zfd; k x; k gA

bl 'kksk dk; Z grq foHkUu vkJeka ea tkdj fo}ku l U; kfl ; ka l s
fopkj foe"lz dj QhYModZ djuk Fkk yfdu djksuk egkekjh ds
pyrs; g l Hko ugh gks i k; k vr-%; g 'kkskdk; Z foosdkun l p; u
ds nl [k.Mka dks vk/kkj cukdj fd; k x; k gA Vrd.k dk; Z dh
v"kd); ka grq {kek i kFkhZ gA bl 'kkskdk; Z ea i R; {k vks vi R; {k
: i l sftudk l g; kx feyk mudk fny l s vkkkjh gA

fnukd

LFku & jktukxk

MMWjule fl g vyjst

foHkxk/; {k 1/4 "kL"kkL = foHkxk/2

"kk l dh; fnfXot; egkfo | ky;

jktukxk 1/4 Ukhl x < 1/2

शीर्षक	Page No.
v/; k; & 1- Lokh fooskum & thou ,oa0; fDrRo	1 – 14
v/; k; & 2- Lokh fooskum & I elb; dk n"ku	15 – 25
v/; k; & 3- Lokh fooskum & I ok eW;	26 – 32
v/; k; & 4- Lokh fooskum & /keZ dk Lo: i	33 – 41
v/; k; & 5- Lokh fooskum & v/kpud Hgj r	42 – 52
xtFk I ph	53 – 54

v/;k; & 1

Lokh foodkum & thou ,oa

0; fDrRo

Lokh foosdkun ds thou ds vfire 7&8 o'kkē dks ; fn NkA+
 fn; k tk; s rks dkbz l kp Hkh ugh l drk gS fd ckdh mudk fi Nyk
 thou) dny l ʔk'kkē dh vuojr Jākyk ek= FkA muds ; pkoLFk ea
 fir k dh eR; ʔ i kfjokfjd eplneskt h] ʔkj dh xdkhj vkfFkd flFkfr]
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 l ʔk'kZ djrs jgk vks vc Hkh dgrk gmf vfojke l ʔk'kZ djrs pykA tc
 pkjks valsk gh valsk fn [krk Fk rc eS dgrk Fk l ʔk'kZ djrs jgk vc
 tc Fkdk/ Fkdk/ mtkyk fn [kkbz ns jgk gS rc Hkh eS dgrk gmf l ʔk'kZ
 djrs pykA**1

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 /keZ dh funk rFk nll jk vaxth f'k{kk i) fr }kjk , d s uo; pdkā dks
 rS kj djuk tks viuh l dfr vks /keZ dks gh l e>rs gkA vaxts dks
 yxrk Fk fd ijs Hkjr h; ykska dk bā kbz /keZ rj.k fd; k tk l drk gS
 bl fy, mlgksus bl fn'kk ea viuh ij h rkd r yxh nh FkA fdUrq Lokh
 n; kum l jLorh dk vk; Z l ekt] jtkk jkeekguk;] dS kopnz l su]
 cāl ekt tS s vknsyus dk l w-ikr Hkh gks ppk FkA ftl dk mīs;]
 fglw l dfr vks /keZ l eakh fopkjka l s yksks dks tkx: d djuk FkA

Hkkjr dh ,s h ijfLFkr; ka ea Lokeh foosdkulln ds 0; fDrRo dk fodkl
 gya/ka jke/kkj h fl g fnudj l dfr ds pkj v/; k; ea fy[krs gs &
 "fglnto dks fufnr vsj vkoklr n[kdj jktk jkeekgujuk;] n; kulln
 vsj dskopnz ea; g mri kg txk fd fglnw/keZ dh j{kk ds fy, dN u
 dN vo'; fd; k tkuk pkfg, A fdllrq tc os j{kk dks rRij gq] rc mlgs
 ; g fn[kkbz iMk fd fglnto dk lexz : i jf{kr gkus ;kk; ugh gA
 funku] __f'k n; kuan us mrus gh fglnto dks j{k.kh; ekuk ftl dk
 vk[; ku onks ea feyrk g\$ ftl ea efrZ intk ugh g\$ ftl ea rHFZ or
 vuqBku vsj Jk) i)fr dk vHko g\$ ftl ea vorkjokn nsh&nork
 dN Hkh ugh gA bl h idkj jktk jkeekgujuk; us mifu'knka dk iYyk
 Fkkk vsj osv}f dks ydj cB x, A²Lokeh foosdkulln dks Jh jked'.k
 ijegd l sf'k{kk feyh Fkh ftudh ekU; rk ea fd l h Hkh : i] fd l h Hkh
 iFk] l k/ku l s fu'kk ugh Fkk] bl fy, mlgkus fglnw/keZ ds l Hkh : i dks
 Lohdkj fd; ka tc ge Lokeh foosdkulln ds 0; fDrRo dk vkdyu djrs
 ga rks gea mues ml l e; ds bu pkjks egki q 'kka ds xqkka dk l eko\$ k
 fn[kykbz iMk gA muea Lokeh n; kulln l k l kg l vsj rdZ kDr] jktk
 jkeekgujuk; vsj dskopnz t\$ h l elo; Hkkouk vsj ik'pkr;
 vo/kj.kvka dk Kku rFkk jked'.k t\$ h l eRo nf'V] mnkj Hkkouk vsj
 vlrKku ds l a kstu dk iR; {k gkrk gA Lokeh foosdkulln ds fopkja dk
 v/; ; u djrs l e; muds 0; fDrRo ea mifLFkr nks icy Hkkoks dks
 egl l fd; k tk l drk gA igyk muds vnj Hkkjr h; l dfr vsj /keZ
 ds ifr vl he vkLFk Fkh rFkk nlljk muds vnj Hkkjr nsk ds ifr
 vFkk g i e dks Hkh nf'Vxr fd; k tk l drk gA bl fy, mlgs Hkkjr dk
 egku n\$ kHDr l U; kl h ; k __f'k dguk T; knk mi ; Dr yxr g\$ gya/kfd
 mlgkus vefjdk ea fy[kk Fkk & ^; gka okya us ejk uke j[kk gs
 Cyclonic Hindu 1/2kuh fglnto ; kn j[kuk] l c ml dh gh bPNk l s
 gkrk g\$ I am a voice without a form 1/2 , d fujkdj ok.kh gA^{1/2}3

muds }kj k dgs x; s mi; Dr dFku l s , d vrkfdB vls vylfdd
 ftKkl k mRi lu gkrh gS fd D; k Lokeh fooskulln dk tlel bl /kjr h
 ij fdl h fof'k'V mfs; dks iwKZ djus grq gprk Fkk\ vxj ge muds ifr
 J)k l s vujDr l eFkZka ds mYkj dks NkM+ ns rks 'kk; n ; g rks dkbZ
 tku gh ugh l drk yfdu vk'p; ZtU; rF; ; g gS fd xq jked'.k
 ijega dh rjg] muds Lo; a ds thou ds vutkoka e] mlugsus ; g
 ckjEckj vfhko; Dr fd; k gA ; fn mlgs vk/kkj cuk; k tk, rks muds
 thou vls 0; fDrRo dks vls ml ds mfs; dks Hkh l e>k tk l drk gA
 ^muds ckY; dky ea gh , d ckj Jh jked'.k us ujs l s iNk Fk fd
 ml ds thou dh l okPp vfhky'kk D; k gA bl ij mlugsus rRdky mYkj
 fn; k Fk fujl rj l ekf/k ea fLFkr jgukA dgrs gS fd Jh jked'.k us
 el dj krs gq dsy bruk gh dgk Fk & cV/ eS l kpk Fk rwb l s Hkh
 egYkj fdl h miyfc/k dsfy, iNk gprk gA⁴ Jh jked'.k ijega ds ckjs
 ea ; g ipfyr Fk fd fdl h Hkh euq; dks ml ds inkFkZ dks n[ckj] os
 ml ds 'kkk vls v'kkk LoHko ; k uh; r dks os tku yrs Fk rFk rc tc
 Lokeh fooskulln l s mudh eykdkr gpZ rks Lokeh fooskulln ik'pkR;
 fpru l s iHkfor] bZoj vls /keZ ds ifr 'kdkyq nF'Vdsk j [krs Fk vls
 Jh jked'.k dks , d vui<+ vls fof{kr iqt kjh Hkh l e>rs Fk yfdu
 fQj Hkh] Jh jked'.k dk muij fo'okl de ugh gprk] mlugsus vius iel
 vk/; kfred vutkoka vls fopkjka l s fooskulln dks viuh vls vkdf'kr
 dj fy; k D; kkd mlga ; g n<+ fo'okl Fk fd mPrj dk; Z grq
 fooskulln : ih ijeT; kr dk /kjr h ij vorj.k gprk gA
 Lokeh fooskulln ds thou ea vud , d h ?kVuk; ; ?kVr gpZ gS tks , d
 l k/kj.k euq; ds thou ea ugh gkrh gS mlgs vud vutkr; ka Hkh gpZ
 vls mlugsus vud Lolu Hkh n[ks gA mlgs vfo'ol uh; ; k vl R; Hkh
 bl fy, ugh dgk tk l drk D; kkd mlugsus Lo; a bl dk o.ku fd; k gA
 bu Loluka vls vutkr; ka ds ek/; e l s muds thou vls 0; fDrRo dks

I e>k tk I drk gA muds fd' klg koLFkk ds thou dh ; s nks ?kVuk, j
mYy[kuh; gS&

igyh ?kVuk 1877 dh gS os ukxi j I s jk; ij cSyxkM+ ea vius
fir k ds ikl vk jgs Fk; rc jyxkfM+ ka dh 0; oLFkk ukxi j rd FkhA
xkfn; k I s vks njdl k dh xQk I s tc mudh cSyxkM+ fudy jgh Fkh
rls izdfr ds vo.kZuh; I kn; Z ds chp mlgs vius thou dh igyh
vutkfr gpZ mlgksufy [kk gS& ^kjh eUFkj xfr I spyrh gpZ cSyxkfM+ ka
Øe'k% , d , d s LFkku ij tk igph] tgka igkM+ dh nks pksV; ka ekus
iæo'k vkd'V gks , d ni js dks Li 'kz dj jgh FkhA ml I e; mu Jacks
dk fo'kks : I I sfujh[k.k djrs gq eS n[kk fd ikl okys, d igkM+ ds
uhps I s ydj mij pks/h rd , d cM+ Hkkjh I jk[k gS v[; ml fjDr
LFkku dks iwz djrs gq e/kpFD [k; ka }kjk ; q; qkUrj ds ifjJe ds
QyLo: i , d fo'kky e/kpØ yVd jgk FkhA ml I e; ejk eu fole;
I s exu gkxj ml effkdk jkT; ds vkfn v[; vUr dh dkr I kprs
I kprs rhuks txr ds fu; Urk bZoj dh vullr miyfc/k ea , d k M+ x; k
fd FkhM+ nj ds fy, ejk ckg; Kku ijih r[; yqr gks x; kA^{**5} , d k ekuk
tkrk gS fd ; g mudk iFke I ekf/k vutko FkhA ; g 'kk; n muds Hkfo';
ds v/; kfred y{; ka dh v[; vxl j gks ds fy,] izdfr }kjk fn; k x; k
iFke izy I n[; k ; k I d[; FkhA

ni jh ?kVuk ds ckjs ea vki us fy [kk gS& ^Lchw ea i <rs I e;
, d fnu jkr ea }kj cn djds /; ku djrs I e; eu Hky/Hkfr rle; gks
x; k] dg ugh I drk fd fdruh nj rd bl h Hkko I s /; ku djrk jgkA
/; ku Hkx gks x; k rc Hkh cBk gA brus ea gh n[krk gw fd nf{k.kh
nhoky dks Hkndj , d T; k[reZ efirZ fudyh v[; ejs I keus [kM+ gks
xbA ml dseq[k ij , d vnHkr T; k[; Fkh] ij ekus dksZ Hkh Hkko u Fkh]
iz kUr I U; kl h efirZ eLrd ef. Mr Fkk v[; gkFkis ea n.M&de.My FkhA
og efirZ dN nj rd ejh v[; VdVdh yxkdj n[krh jgh] ekus eP I s

dñ dgxhA eš Hkh vokd gkdj ml dh vřj nřkusyxkA -----
bl fo'k; ij ešs fpru fd; k| fdUrq dkbz vřj Nřj ugh feykA vc
, d k yxrk gšfd ešs ml l e; Hkxoku cđ dks nřkk FkKA**6; g ?KVuk
Hkh muds Hkhoh thou dh 'kk; n , d >yd FkA muds vñj Hkh iřs
thou] Hkxoku cđ dh rjg| ykxks ds ifr vFkkg d: .kk dk fu|Urj
iokg l nš fo|eku jgk vřj cđ ds ckš/kl Ro Lo: i dh rjg mlgksus
cđ dFku dks nřkj; k Hkh gšfd ^eš eřDr ugh pkgrk| tc rd l Hkh
thoka dh eřDr ugh gks tkrh rc rd eřsckjEckj vkuk gkskA**7

fofo/k vk; keh ikdřrd l kñ; l dh n'; rk ds ihNs muds
fu; Urk bz oj dk /; ku vřj ije d: .kkoku xkše cđ dh vuřkřr|
miřLFkr ds ihNs dkbz dkj .k rks vo'; jgk gkskA ge ;g Hkh dg
l drs gšfd Lokeh foodkulln dh ekuf d cđkoV vFkok fopkjka us bu
nřksk ?KVukvka l s, d vkdkj yšuk ikjEHk dj fn; k FkKA

tc Lokeh foodkulln nř{k. kš oj tkrš Fks rks mlgs xq jked'. k
ijegd us dbz ckj vi us Li 'kz l s vuřko dj k, Fkš os vi us vřLrRo dks
Hkoy tkrš Fks vřj , d pDdjnkj ygj ea l c dñ mlgs Mærk gřk
fn[kykbz i Mřk FkKA xq jked'. k us vi us vol ku ds 2&3 fnu i mZ mlgs
cřk; k vřj fcBkdj , dVd nřkrs gq l ekř/křk gks x, A ^ml l e; eš
vuřko djus yxk fd , d l e rst fctyh dh dEiu dh rjg vkdj
ejs 'kj hj ea i fo'B gks jgh gđ /khjs /khjs eš ckg; Kku [kkdj fu'py gks
x; kA , d s Hkko ea fdruh nj rd jgk eřs dñ Hkh ; kn ughA**8 Lokeh
foodkulln us fy [kk gšfd bl vuřkřr mi jkřr mlgs pšuk gřz rks nřkk
muds xq jked'. k ijegd dh vřkřks ea vřk wřkš mlgksus dgk ešs vi uk
l c dñ ršs ns fn; kA vi us iřs thou Lokeh foodkulln] mudh
miřLFkr] ml h izkj egl w djrs jgš tš s ek; "kkjnk us l /kok : i ea
jgdj muds eR; q dk fu'kš fd; k FkKA Lokeh foodkulln vřj "kkjnk ek;

us dHkh ; g fo"okl gh ugh fd; k fd Jh jked'.k ijegd muds l kfk
ugh gA

,d fnu Lokeh foodkulln us viuh dMlyh n[kh tksfd muds
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mlgksus fy[kk & ^rc ep s irk pyk ejs HkkX; ea i Foh ij fopj .k djuk
fy[kk gA**9 Jh jked'.k ijegd ds T; ksr&T; kr l ekus ds ckn] Lokeh
foodkulln us ,d vnhkr dk; Zfd; kA mlgs; kn Fkk fd ,d fnu chetjh
dh pje voLFkk ea xq jked'.k us mul s dgk Fkk ejs tkus ds ckn ejs
bu ; qk HkDrka dk /; ku j [kukA mlgksus Bkdij HkDrka vius nkrka dks
,d= fd; kA ,d Hwrgk ?kj fdjk, ea fy; k tks orëku ea csyMeB gA
ogh 24 o'kz dh voLFkk ea vius l kfk; ka dks Hkxos oL= igukdj v[
mudk uke ifjofr' dj mlgs l U; kl h cuk fn; k v[
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/ku&l EifYk l s fojFDr] vkl fDr v[
ekg dk R; kx] vgdkj v[
viuh
igpku dk uk" k] tkr jax&Hkn vkfn l smij mB tkuk mlgksus dgk &
eã ftl l Eink; dk gm l s l U; kl h dgk tkrk gA10** l U; kl h dks
dHkh f"kd; r ugh djuh pkfg,] og bl l d kj ea i; M/d ek=
gA**11** ,d l U; kl h ds : i ea eã vius dks bl l d kj dk Lokeh ugh
l od ekurk gA**12 l U; kl h ds l nHkz ea l keU; r%; g ekU; rk gSfd tks
l fØ; thou ds l kjs l ædks dk R; kx dj o[
kx; /kxj .k djrk gS rFkk
,dkr ea jgrs gq cã fpru ; k b'oj ea yhu jgrk gS og l U; kl h
dgykrk g[yfdu Lokeh foodkulln bl l s myV] l U; kl yus ds ckn
deZ i Fk ij rhork l s vk: <+gkrs gS v[
mlgs ekg v[
iæ] vius n[
l s gkrk gA rVLFkrk ; k fuyi rk rks nij] nfjnts v[
xjicks dh njkolFkk
ij] ; g l U; kl h vusd ckj QW&QW dj jkrk gA ; g l U; kl dk ,d
uohu : i Fkk ftl s foodkulln us izdV fd; k rFkk fu'dke l ok dk
l dYi yd] vius l U; kl h fe=ka dks l æfBr dj fn; kA vc Lokeh

foodkulln us Hkxok pksys ds l u; kl h ifjosk ea nskkVu dk fu"p;
 fd; kA mlgs vi us Hkkjr nsk dh n"kk dk voykdu djuk Fkka bl Hke.k
 l s tgka mlgs vPNs vls; cjs 0; fDr; ka l s feyus dk ekok feyk ogh
 l Eeku vls; viekutU; ifjflFkr; ka ds Hkh vutko i kr gq A mlgs vi uk
 i Eke l efi r f" k; gkFkj l LV'sku ij] LV'sku ekLVj "kjn xkr] l nB
 Lufgy vls; iæiwkz 0; ogkj djus okys [krMh egjkt vtir fl g]
 Qkd hl h Hkk'kk dk v/; ; u vls; ; jki vesj dk tkus dk ijke'kz nsus oky;
 i ksj clnj ds fo}ku nhoku i Mr "kdj i k.Mjæ] Hk[k l s cgsk ej. kkl lu
 volFk ea Lokeh th dks [khj f[kykdj i k.knku nsus okys dfeLrku
 depkj th tVQdkj vyh] fo"o /ke l Eeyu ea Hkx yus gq ij d
 HkkLdj l rjfr] vls; Lokeh th ds vesj dk tkus ds fy,] entl ea QM
 tVkus okys i k.Mpjh ds gkbLdh ds gMekLVj vyfl æk is ey l s Hkx/
 gA l kfk gh jkLrs ij cB gDdk i hrs gq Nk/h tkfr ds nhu 0; fDr]
 ftl us l gn; rk vls; l ækpiwz Lokeh th dks vi uk >Bk fd; k gqk
 gDdk i hus fn; k] Hkx feyA fdllrq buds vykok , d fo" k'V eykdkr dk
 ; fn ftØ fd; k tk, rks og xkthij e] tehu [kndj xQk ea jgus
 okys i ogkjh ckck l s gA Lokeh th i ogkjh ckck l s brus i Hkfor gq
 fd mlgs kus mul s nhkk yus dk l æYi dj fy; kA Lokeh th us Lo; a
 cryk; k fd "ftl fnu eSs i ogkjh ckck l s nhkk yus dk bjknk fd; k]
 ml dh fi Nyh jkr , d [kfV; k ij yv/dj i Mk&i Mk dN l kp jgk Fk
 fd n[krk g & Jh jked'.k ejs nkfguh vls; [kMs gsdj] , d nf'V l s
 ejh vls; VdVdh yxk, [kMs g] ekus os fo" ksk n[kh gks jgs gA-----
 Jh jked'.k dks n[kdj ml fnu nhkk yus dk l æYi LFkfr j [kuk
 i Mk nks, d fnu ckn fQj ckck l seæ yus dk l æYi mBk ml fnu Hk
 jkr dks Bhid igys fnu dh gh rjg Jh jked'.k fQj i zV gqA bl
 idkj yxkrkj bDdh l fnuks rd mudk n"ku i kus ds ckn nhkk yus dk
 l æYi , dne R; kx fn; kA eu ea l kpk & tc Hkx eæ yus dk fopkj

djrk gh rHkh bl idkj n"lū gkrk gš rc ea yus ij rks b'V ds
cnys vfu'V gh gks tk; sxA**13

,d k yxrk gS Lokeh foodkulln ds thou dh ; g ,d fo"ksk
I drrRed ?kVuk Fkh] ftI ea yxkrkj 21 fnukard Jh jked'.k us n"lū
fn,] "kk; n os dN I e>kuk pkgrs gks bl I nHkZ ea vuəku yxkdj
dgk tk I drk gS fd iogkjh cck I s nh{kk yus ds i"pkr] ; g gks
I drk Fkk fd Lokeh foodkulln ogh jgdj oškk; vŷ I ekf/k I k/k yrš
yŷdu xq jked'.k ds vuq kj mlga rks ,d fo"V iz kst u iwk djuk
FkA gkykīd bl ?kVuk dk mYyŷk djrs gq Lokeh foodkulln us fy [kk
gS fd Jh jked'.k ijegd muds ni jh ckj xq nh{kk ds I dYi nsk
grq : 'V gks jgs FkA cgjgky ; g rc Li'V gks x; k tc I eq rŷdj
dl; kdəkjh ds ml ifl) pVvku ½kd½ ij igpdj] Lokeh foodkulln
us/; ku yxk; k rc Jh jked'.k ijegd us i q% idV gkdj b"kkjk fd; k
vŷ dgk & tkvŷ vFkZ I eqz ij tkvŷ mlgkus nŷkk fd I keus Qsŷ
gq fo"ky egkl xj ds bl fdukjs I s Jh jked'.k I eqz ea vorj.k dj
i ŷy ni js fdukjs dh vŷ pys tk jgs gS rFkk mlgs Hkh vksx c<us ds
fy, I drr dj jgs gA ml I e; tŷ s muds dkuks ea ctus yxh ,d
fujkdj ok.kh tkvŷ ml vykŷdd n"lū dks mlgkus b'oj funŷk ds
: i ea gh xg.k fd; kA**14 ; gh rks og mīŷ; Fkk fd bl ds fy, xq
jked'.k us Lokeh foodkulln dks rŷ kj fd; k Fkk ; k fQj ; g dgk tk
I drk gS ftI ds dkj.k mudk /kjr h ij tle gq Fkk vFkZ Hkkjr dh
I kōkŷed /kkfēd ekl; rkvā dk /kjr h ij id kj djuk] Hkkjr ds xŷo
dks i q% ifr'Br djukA ; g rks Li'V gS fd Hkkjr ,d iwk-% /kkfēd
n'sk gA ; ga jgus okyā ds vanj /kē I fn; ka I s vkuoŷ"kd : Ik ea
fo|eku gS vŷ ; gh Hkkjr dh rkd rHkh gA ; jki ea bl rkd dh
vHkO; fDr vfuok; Z Fkh] ftI I s u dōy ekuo tkfr dk Hkyk gkrk oju-
vi us dks mPp I e>us okys vaxst ka dk Hkkjr ds ifr tks ghu nf'Vdks k

gš ml ea ifjorū Hkh vkrkA ;g Lokeh foosdkulln tkurs Fks mlgksus
fy[kk Hkh gš& **vešjdk ea , d l u; kl h ds tkus dk D; k dke i jUrq; g
vko"; d Fkk D; kfid l d kj }kjk eku; rk i ktr djus ds fy, vki ykxks
ds ikl , d gh l k/ku gš og gš /keZ vksj ; g vko"; d gš fd gekjs
vkn"lz /kkfeZl ylx fon'skks ea Hksts tk,] rkd ntr js jk'Vks dks ekye gš
fd Hkkjr vHkh Hkh tfor gA**15

vešjdk ds f"kdtxks /keZ l Eesyur Fkk bl ds ckn bxySM ea
jgdj Lokeh th us Hkkjr dh l okkksed /kkfeZl eku; rkvk ds vuqny
, d ekuorkoknh 0; fDr ds Lo: i vksj ml ds fopkjs dks idV dj
Hkkjrh; l dfr vksj /keZ dks os"od Lohdfr fnyokbz "Mks+l ks o'kkz l s
bz kbz /keZ i pkjd l d kj ea fgluho dh tks funk Qsyk jgs Fks ml ij
vdsys Lokeh th ds drho us jkd yxk nh vksj tc Hkkjrokfl ; ka us ; g
l uk fd l kjk if"pe txx Lokeh th ds eqk l s fgluho dk vk[; ku
l udj xnxn gš jgk gš rc fgluho Hkh vi us /keZ vksj l dfr ds xksj o
dk vutko dN rhork l s djus yxkA**16

vešjdk vksj bxySM] teZuh vkfn ; jki ds ykxks us igyh kj
, d s vnHkr 0; fDr dks n[kk ft l ds ikl : i ; s i s di Ms rks D; k jgus
vksj [kkus dh Hkh dkbz LFkk; h 0; oLFkk ugh gš yfdu og l nō "kkUr]
vfopfyr l jy fouej gl eqk vksj Hkkop l onu"khy] d: .kkoku gš
vksj mudk xgu ck) d Kku rks , d peRdkj gh FkkA U; w kdZ ds
dksyEcl gky dōy i l ng feuV Lokeh foosdkulln dks l pus dh i r h[kk
ea pkj gtj ykx] ?k/ks cBs jgrs Fks vk; kst d muds 0; k[; ku dks var ea
j [krs Fks "Ytd hl h l xhr l s yslj j l k; u"kkL= vksj bfrgkl ea mudh
fnyplih FkhA osftruh rRijrk l sn fidfod i i l Z ds i ulka ds ckjs ea
crk l drs Fks mruh gh l gtrk l s oks i kf.kuh dh v'Vk/; k; h ds l w
l uk l drs FkA**17 ylx mudsejhn curs pys x,] ; g , d peRdkj Fkk]
bl s Hkkjrh; bfrgkl dh egROI wZ ?kVuk ekuuk pkfg, A mlgksus fy [kk Hkh

gS & "bu ik"pkr; ns'ks ea vkuokyk eš igyk l u; kl h gA l d kj ds
 bfrgkl ea ; g igyk volj gš tc , d fglnw l u; kl h us l epz ikj
 fd; k gA**18 mlgksa u dny Hkkjr vlg Hkkjrh; ylsks ds ifr bu
 fons'k; ka ds nf'Vdksk dks ifjofr' fd; k oju buea l s vucl rks
 l u; kl h cudj Hkkjr ea l ok dk; Z djus dks rš kj gks x, tks fd
 vfo"ol uh; FkA "v/kqud txx ds bfrgkl ea , d k igyh ckj gpyk Fkk
 fd , d Hkkjrh; us Hkkjr dh l hek ds ckgy tkdj f"kk{kk nh vlg os vius
 0; fDrxr vkd'kz kj xgu v/; kRred Hkko rFkk vnHkar ofXerk ds }kjk
 ik"pkr; ylsks dks vius vuq kf; ; ka dh : i ea Hkkjr ykdj mlgv vius
 dk; Z ea fu; kštr djus ea l eFkZ gq A**19 vesj dk ea 0; k[; kulj clš) d
 l =kj foopukvlj ppkz/ka dh ck+vk xbZ , d k yxk fd ekuls , d vj l s
 l s brtkj djrs vesj du ylsks us viuh xgu ftKkl kvka dks
 l gtrki wZ "kkUr djus okyk , d nk"kZud] fopkj d <e fy; k FkA
 "fd l h vl; ik"pkr; ns'k dh ryuk ea vesj dk fooskulln dk l ns'k
 xg.k djus ds fy, dgh vf/kd rRij FkA mlgksus i opu nsuk "kq gh
 fd; k Fkk fd muds l ns'k ds l; kl s uj&ukfj; ka dh HkhM+ vkus yxhA
 vfHk'tkr xkš'B; ka vlg fo"ofok|ky; ka l s ifo=krek bZ kbZ l Pps Lora=
 fopkj d vlg vKs oknh l Hkh oxkš l s os vk, A**20

vesj dk ds ckn Lokh fooskulln us bXySM ea tkdj vuojr
 dk; Z fd; k ij bl yxkrkj clš) d ifjJe l s os cgn Fkd x, mlgksus
 fy[kk fd "0; k[; ku nrs nrs vlg d{kk, j yrs yrs eš vc Fkd Hkh x; k
 gA bXyM ea dN efgus dke djus ds ckn eš Hkkjr tkmaxk vlg dN
 o'kkš ds fy, ; k l nk ds fy, vius vki dks ijh rjg l s fNik yxkA**21
 fd l r q mudh ; g bPNK i w kZ ugh gks i kbZ mudh Lof.kš) [; kfr Hkkjr rd
 igp pph Fkh vlg vc Hkkjr ea rks vlg Hkh vf/kd dk; Z mudk brtkj
 dj jgk FkA ; gla ds ylx muds vlxeu l ekpj dks l qdj ikxy gks
 jgs FkA fQj Hkkjr ykš/rs mlgksus tgkt ij , d vnHkar Lolu nškk &

^, d __f'k rŷ; o) ej sikl vkdj [kMŷ gks x; s vŷŷ cksys & rŷ vkvks
gedks i q% ifr f'Br dj nkA**22; g og __f'k ugh Fks ftudk fn0; n"ku
mlgksus cgr igys fd; k Fkk & ^ftl ea mlgksus nŷkk Fkk fd , d o)
__f'k fl U/kq unh ds rV ij [kMŷ gks dj __Xon ds ea=ks dh vkofŷk dj
jgs gS ml h l s Lokeh th us l dŷr vkofŷk dh viuh vnHkr i) fr
l h[kh FkhA**23

Hkkjr ea vkdj Lokeh foodkulln ds 0; Lr dk; Dŷe] vud
LFkkula ij Hk.k vŷŷ iŷpu] cŷMeB dh LFkkiuk vŷŷ , d ckj i q%
; jŷŷŷ ; k=k] bl l c l s muds LokLF; ij udkjRRed i Hkko i Mk vŷŷ
vR; Ur de vk; q ea gh] e/kŷg] nek tŷ h vud 0; kf/k; ka l s os xLr gks
x; A mudk "kj hj vLolFk jgus yxk rc bl mtŷkku deŷ'khy __f'k us
egl ŷ fd; k fd & ^; g "kj hj vHh deŷ ds mi; ŷr ugh jg x; k gA
bl s NkMej eŷ s u; k "kj hj /kkj .k dj ds fQj vkuk gkskA vc Hkh vud
dk; Zckdh jg x; s gA**24

; fn xEHkhj rki ŷd fparu fd; k tk, rks bl es nks er ugh gS
fd Lokeh foodkulln us Hkkjr nŷk ds fy, fu'Bk vŷŷ l eiZk i ŷd , d
vnHkr vŷŷ xŷŷokfulor deŷ fd; k os Hkkjr h; l dŷr vŷŷ n"ku l s ml
l koŷkŷed l R; dks [kŷt yk, tks i jŷ ekuotkfr dks Lohdkj .kh; FkhA
muds vjŷ vi kj d: .kk FkhA mlga euq; l s iæ FkhA mlgksua ifrKk yh
vŷŷ cryk; k fd ^Jh jked'.k us dgk Fkk fd djhc nks l ks o'kkŷ ckn
i q% vk; ŷs vŷŷ muds l kFk eŷ Hkh vkmækA**25

Jhjked'.k ijegd us igys gh Hkfo'; ok.kh dj nh Fkh fd
^ftl fnu ujsu tku yxk og dks vŷŷ D; k Fkk og "kj hj ea ugh jg
l ds kA bl ij , d tu us Lokeh th dh vŷŷ mlleŷk gks dj gA h dh
emk ea i Nk Lokeh th D; k rŷ tku l ds gks fd rŷ dks FkA mudk
viR; kf"kr mŷkŷ feyk gk] vc eŷ tku x; k gA l udj l Hkh xEHkhj vŷŷ
fuLrC/k gks x; A**26 cŷMeB ea gh l Hkh ds l kFk feydj mlgksus jked'.k

fe"ku dh LFkki uk dhA ; g , d egku dk; Z Fkk vlg fglunw /keZ ea i Fke
 ckj] I U; kfl ; ka }kjk tuekul I ekt ds fy, fuLokFZ I ok dk; Z dk
 I xBu cukA fQj cye+eB ea gh osT; kfr T; kr I ek x, A mudk ijk
 thou I ak'kjr~I ej FkA ; fn mudk n"ku , d okD; ea dgk tk, ris
 dgk tk I drk gS fd "foodkulln us vkgoku fd; k Fkk I cdkS I kFk
 ykvka**27

I mHzrFkk fVli .lh &

- 1- Lokh foodkulln] ejh thou dFkk %vkrRedFkkRed mfdR; ka dk
 I dyu½ i'B] 138I Eiknd rFkk vuokn & Lokh fongkRekun
 jked'.k eB ukxi j 2015
- 2- fnudj] jke/kkjh fl g] I kdfR ds pkj v/; k;] i'B 488 ykdHkkjrh
 izk"ku bykgkcn 1 & 2003
- 3- Lokh foodkulln] ejh thou dFkk %vkrRe dFkkRed mfdR; ka dk
 I dyu½ i'B & 139]
- 4- Hkfxuh fuofgrk] Lokh foodkulln tS k mlgs n[kk] i'B & 25
 vuoknd Lokh fongkRekun jked'.k eB ukxi j & 2008
- 5- Lokh foodkulln] ejh thou dFkk] i'B & 3
- 6- ogh i'B & 5
- 7- ogh i'B & 277
- 8- ogh i'B & 33
- 9- ogh i'B & 8
- 10- ogh i'B & 8
- 11- ogh i'B & 160
- 12- ogh i'B & 160
- 13- ogh i'B & 69&70
- 14- Lokh fuf[kykun & foodkulln ,d thou] i'B & 133 v}f
 vkJe dkydkrk & 2016

-
- 15- Lokeh fooskulln] ejh thou dFkk] i'B & 107
 - 16- fnudj] jke/kkjh fl g] l dfr ds pkj v/; k; & i'B & 504
 - 17- f[kyukuh l qhy] vorj.k Hkkjr ds 50 , frgkfl d 0; fDrRo½ vuqkn uhye HkVV] i'B 207
 - 18- Lokeh fooskulln] ejh thou dFkk] i'B & 93 eaty ifcyf"ka gkml fnYyh 2016
 - 19- Gk"ke] Mkw , - , y- & vk/kjud tx dks Lokeh fooskulln dh nu i'B & 64 Lokeh fooskulln vkj mudk vonku l Eiknu Lokeh fongkrekun v}f vkJe & dkydrrk 2018
 - 20- jkek jkyk] fooskulln dh thuh] i'B & 58 vuqnd & j?kjkt xlr v}f vkJe dkydrrk 2017
 - 21- ogh i'B&163 n'V0; & Lokeh fooskulln & ejh thou dFkk i'B 169] fVli .kh & eHkh vc ckyrs ckyrs bruk fld x; k gWfd o'kz rd eku /kkj.k djds futu es cBs jguk pgrk gW ckdh l Hkh dN 0; Fkz gA
ogh i'B & 170 epsejus rd dh Qj l r ugh g& dny dke] vkj dke ogh i'B&163 eH l qh?kz foJke djus ds fy, Hkkjr tkuk pgrk gW
 - 22- Ogh i'B & 185
 - 23- Hkfxuh fuofnrk & l okeh fooskulln tS k mlgs n[kk & i'B& 170
 - 24- Lokeh fooskulln & ejh thou dFkk & i'B&272
 - 25- Ogh i'B& 266
 - 26- Hkfxuh fuofnrk & Lokeh fooskulln tS k mlgs n[kk i'B&245
 - 27- f[kyukuh l qhy & vorj.k] i'B&211



v/; k; & 2

Lokh fooskua & I elb; dk n"ku



Lokeh foosdkulln nk"krud Fks ;k fQj Lokeh foosdkulln
 /kkfeð mins'kd Fks D;k Lokeh foosdkulln dks l ekt l fkkjd dgk tk
 l drk gS vFkok Lokeh foosdkulln dks fl) egki q 'k dh Jskh ea j [kk
 tk l drk gS mlgs nk"krud bl fy, ugh dgk tk l drk gS D; kkd
 mlgksus fdl h nk"krud dh Hkkdr vius fopkjka dks rRoeheta k vls
 Kluheeta k ts h nk"krud LFkki ukvka ea 0; ofLFkr ugh fd; k gA bl h
 idkj mlgs /kkfeð mins'kd Hkh bl fy, ugh dgk tk l drk gS fd
 dpy bu mins'kdka dh Hkkdr] /kkfeð ioppu djuk] muds thou dk
 mis; ugh Fkka ekuo ek= dsfy, d: .kk vls , d xyke ns'k ds xks o
 vls l okprrk grq l efi r ns'kHkDr] mlgs l ekt l fkkjd dgus l sjkdrh
 gA bl h idkj mudk thouyk ns'ks rks os fdlgh fl f) ; ka ; k perdkjka
 l s Hkj; fl) l r ; k egki q 'k Hkh ugh Fka rc oa D; k Fks l h/s vls
 Li'V "kcka ea bl dk mYkj gS fd Lokeh foosdkuan vius xq jked'.k
 ijeda dh nf'V dk iwz foLrkj Fka **Lokeh foosdkuan & ts k mlgs
 ns'kk** uke dh fdrk ea Hkfxuh fuosnrk fy[krh gS & ^ejk fopkj gS
 fd muds thou ea vl inX/k : i l s rhu xBudkjh rRo fo|eku Fks
 igyk Fkk & vxsth vls l ddr l kfgR; dh f"kk] nll jk Fkk vius
 xq no dk egku 0; fDrRo] tks l eLr "kkL=ka dk thrk tkxrk mnkgj.k
 rFkk iek.k Fkk vls tgkard epyxrk gS rhl jk Fkk 0; fDrxr : i l s
 vftz fd; k gqk] Hkkjr rFkk muds tuthou ds fo'k; ea mudk
 KkuA**1 mlgksus vius xq jked'.k ijeda dks ts k ns'kk] mul s tks
 l h[kk] ml s gh vius Kku vls vutko dks l k/ku cukrs gq] l "kDr : i
 l s vfHk0; Dr fd; ka os jked'.k ijeda dh vkokt Fks vls jked'.k
 ijeda Hkkjrh; /kkfeð l ddr dh thfor vfHk0; fDr Fka

fd l h Hkh /keZ ea fufgr ew l k/; rd igpus ds fy, ml /keZ ea l k/ku
 i) fr; ka dh , d vuqkkl ukRed fu; eor- thou "kSyh dk o.ku gkrk gA
 ; fn jked'.k ijegd dh l k/ku i) fr dh [kst dh tk, rks Jh
 jked'.k ijegd l jy l r Lohkko ds 0; fDr FkS oks mi fu'knka ds __f'k; ka
 tS s Fks tS k fd foodkuan us, d LFkku ij dgk gS & ^; gh __f'kRo gS
 vLj ; gh gekjs /keZ dk vkn"lz gS vLj "ksk tks dN gS & ; s l c
 okfXoykl] ; fDr fopkj n"ku] }Sokn] v}Sokn] ; gla rd fd on Hkh
 ; gh __f'kRo ikr djus ds l ki ku ek= gS xkSk gA __f'kRo ikr djuk
 gh eQ; gA**2 jked'.k ijegd dks oSkE; ; k fofo/krk l s dkbZ i dKz
 ; k fojkk ugh Fkk] os ek= l R; dks cā dks dkyh dK gj LFkku ij
 ns[krs FkS <rs FkA ml gks l kdkj] fujkdkj] rā-kfn fHku fHku l k/kukvā
 dks djrs gq] ml , dRo : ih l koBkSed l R; dh vuqfir dh Fkh] tks
 l Hkh l k/ku i) fr; ka dk l k/; ; k y{; FkA Lohk foodkuan fcYdy
 Li'V Fks mlgs ; g Kkr Fkk fd mlgs vius thou ea D; k djuk gA mlga
 oSkE; dk Lohdj.k rnkj jkUr l ello; eW; dks LFkfir djuk Fkk] ; g
 muds oSkfjd LFkku ukvā dk l S kār d i{k FkA muds bl eW; dh
 LFkku uk dK l q<f k rc inku gq] tc ml gks i k jEHk ea vius xq
 jked'.k ijegd dh l k/kukvā dk i R; {k djus ds i"pkr l U; kl yd]]
 Hkjr dks l e>us ds fy,] n'kV u i k jEHk fd; k vLj ml gks ns[kk fd
 LFkku & LFkku ij vkfFkZ] l kekftd] /kfeZd eku; rkvLj l k/kukvā ea Hkn
 gA ; g oSkE; vLj Hkn LokHkKfod gks gq Hkh ekuo ds vki l h fo}Sk dk
 l cl s cMk dkj.k gA /kfeZd l k/kukvā dh fofo/krk rks /keZ dh l qjrk
 gA ^; fn gj , d euq; dk /kfeZd er , d gks tk, vLj gj, d] , d gh
 exZ dk voyEcu djus yxs rks l ā kj ds fy, og cMk gjk fnu gkskA
 rc rks l c /keZ vLj l kjs fopkj u'V gks tk; A l c yskks dh Lok/khu
 fopkj "k fDr vLj okLrfod fopkj Hkko u'V gks tk; A oBku gh thou
 dk ew l # gA bl dk ; fn vr gks tk, rks l kjh l f'V dk yki gks

tk, xkA**3 bl fy, Lokeh foosdkuan us /kkfeɛl l ɔdfr ea l ello; eW;
dh l ɔ kɔrdrk dks l oʔ iæɕk ekukA mudk ; g fopkj fd l h Hkh vU;
l k/ku i) fr; ka dh futrk dks Hkx u djrs gq fhku fhku ekxkɛ dk
l fg'. kq Lohdj. k vɔʃ l Eeku FkA /kkfeɛl l kɔdfrd {kɛ= ea bl Hkx vɔʃ
fofo/krk dks rkfdɔl vk/kkj inku djuk FkA mɔgks dgk gS fd &
**l d kj ea l gL=ka iɔlkj ds eu vɔʃ l ɔlkj ds ykx orɛku gS bu
l cdk l Ei wɔz l keku; hdj. k vl EHko gS i jUrqqekjs 0; kogkfjd iz kst u ds
fy, budks pkj Jɛ. k; ka ea foHkDr fd; k tk l drk gA**4 ft l s mɔgks
deʔ kx] HkDr; kx] jkt; kx] rFk Kku; kx cryk; kA tks 0; fDr deB ; k
dePNɔl jgrs gS muds fy, deʔ kx dk ekxɔ gS rFk tks 0; fDr Hkkoɔl
i dʔk ds gkrs gA os HkDr; kx ekxɔ gA bl h iɔlkj Lofu; æ. k R; kx] ri
l k/kuk okys jkt; kx dh vɔʃ vxɔl j gkrs gS rFk Kku iɛh ; k nk"ɔud
LoHko ds 0; fDr; ka dks Kku : prk gA ; s pkj ka ekxɔ vyx vyx LoHko
ds 0; fDr dks , d gh y{; ; k l k/; dh vɔʃ ys tkrs gA Lokeh
foosdkuan gj iɔlkj dh fofo/krk dks l gvflRoeku ds : i ea Lohdj
dj /kkfeɛl l ɔdfr dk l ello; : i iɔV djrs gA oa dgrs gA & **ge
yks ɔkkjrh; ½ ; g Lej. k dj iɔ l u gkrs gS fd l Hkh ekxɔ bʔoj dh vɔʃ
tkrs gS rFk fo"o dk l ɔkkj bl ij fuHkɔ ugh djrk fd bʔoj dks l Hkh
gekjh vk[kks l s nɕka ge ykɔks dk vk/kkj Hkx fopkj ; g gS fd rɔgkj
fl)kr ejk ugh gS l drk u ejk rɔgkjka eɔ viuk l ɔnk; vki gh
gA**5 bl iɔlkj foosdkuan dh oɔkfjd iʔBHkɛ ea ; fn mudh i) fr dh
[kkst dh tk, rks l oʔ Eke geafcu fd l h fojkɔk ds oʔkɛ; i wɔz txr vɔʃ
vyx vyx LoHko ds 0; fDr; ka dh l k/kuk i) fr; ka ds fhku fhku ekxɔ
dk Lohdj. k djuk gS rFk ; g 0; fDr dk vfoj k/kRed l gvflRoeku
l ello; kRed nʔVdks k gA

Lokeh foosdkuan ds bl h fopkj dh vkykpuk Hkh gksh gA iæɕk
U; k; "kkL=h; fopkj d izl kr dɔkj eɕkkɔk/; k; dk ekuuk gS fd

**foosdkun Lodflunr 0; fDrRo Fks vks vius xq dks udkj dj mlgsus
viuk dk; Z 0; ki kj ikj EHK fd; k** mudk nil jk vkjksi Fkk foosdkun
fuxqk v}S} cā ds l kfk l xqk efrā vck dk tks l eFKu djrs Fks og
, d idkj l s vrkfdbl vl ær vks ijLij fojkskh rF; gā i Fke vkjksi
ds l mHkZ ea e[kksi k/; k; th ds "kCn Fks **foosdkun jked".k dk f"K";
gksus ds fy, cus gh ugh FkA mlgsus viuk dk; Z 0; ki kj vius xq dks gh
udkj dj gh "kq fd; k FkA** bl fVi.kh ij viuk i{k j [krs gq
e[kksi k/; k; l j uscryk; k fd Hkkjrh; l k dfr ea Lo l segROI wKZ eV; ka
dks ekuk tkrk jgk gā ; g l k dfrd xqk jked".k ijegā ds thou ea
n"V0; gS tcf d e[kksi k/; k; l j ds vuq kj foosdkun vius dks l U; kl h
vks fHk(kq dh rjg i Lrnr djus ea cgr mRl qd jgrs FkS ml h rjg ds
di Ms igurs FkA [k d i jr vks i Hkko "kkyh i ks kkd l s [kq dks foHkr
djrs FkA vius dks vks c<kdj i Lrnr djrs FkA**

e[kksi k/; k; l j ds bl rdZ l s rR{k.k eflr'd ea ; g
ifr&fopkj mRlUu gsrk gSfd D; k Lokh foosdkun vius xq jked".k
ijegā ds l n";] vkrfjd vuHkr; k; HkkokoLFk ea yhu jgL; n"khZ : i
ea idV gkr]s rks gh D; k os vius xq ds vuqj.kh; vks Hkkjrh;
l k dfrd] vk/; kRed eV; ka dS ijEi jkuqhy n"Vkr ekus tkrā ; g Hkh
l oky egROI wKZ gSfd D; k jked".k ijegā us foosdkun dS Lo; a dh
rjg l k/d cukus dk dkbz iz Ru fd; k FkA ; k Lolu n[k FkA tcf d
foosdkun l kfgR; dk tc v/; ; u djrs gS rks Lo; a Lokh foosdkun ds
dFkukuq kj gj LFku ij mlgs fnoær xq jked".k ijegā ds }kjkl
Hkfo'; ds dk; Z 0; ki kj ds ; kst uk l kdkh funS k i ktr gks jgrs FkS vks
foosdkun ds l kfk os geSkk] v"kj jh : i l s l kfk fn [krs gā bl vuHkr
ds vuq mīj.k Lokh foosdkun us Lo; a fn, gā igyk egROI wKZ funS k
mlgs dli; kdokjh e] fo"o/keZ l Eesy f"kdks tks ds i wZ gqk mlgsus
n[k fd fo"ky egkl xj ds bl fdukjs l s Jh jked".k ijegā l epz

ea vorj.k dj nr js fdukjs dh vlsj tkrsgq fn[krsg vlsj mlgsg dgrs
 gS tkvka bl h idkj ifjoktd lU; kl h ds : i ea Hka.k djrs gq tc
 foodkuan dls iogkjh cick l snh{kk ycdj l ekf/klr gks dh izy bPNk
 gpl rks jskiwkz emk ea xq jked'.k ds n"ku l s ; g funk fd rfigjk
 tle fdl h vU; dk; l djus ds fy, gqk ga , d s vucl vkr iekf.kd
 rF; ka l j kkr gks tkrk gS fd foodkuan ds vkrfjd eukkkoka dls fn"kk
 : i nsus ds fy,] muds xq dHkh mul s foyx ugh gq] oks muds var l
 ea LFkfir FkA foodkuan us dgk Hkh gS fd **tc ejs xq no us "kjh
 R; kxk Fk rc ge yox ckjg fu/ku vlsj vkr uo; pd Fk gekjs fo:)
 vucl "kfDr"kyh l hFk, a Fkh tks gekjs l Qyrk ds "kskodky es gh gea
 u'v djus dk Hkj l d iz Ru dj jgh FkA Jh jked'.k us gea , d cMh
 pht nh Fkh vlsj og Fkh fd ge doy ckragh u djds ; FkFKz thou
 thus dh bPNk j [ka vlsj bl ds fy, vkthou dBj iz kl djA**6

jked'.k ijega fuj{kj l r Fk vlsj vkthou nf{k.k'soj ea jgs
 tcf d foodkuan us rks vius l e; ds l kjs iek [k fopkj dka vlsj fo"o ds
 nk"ku dka dk v/; ; u fd; k Fk vlsj tc os vesj dk x, rks ; g rF; Hkh
 muds l e{k Li'V Fk mlgks fy [kk gS fd **; gka oky us ejk uke j [kk gS
 Cyclonic Hindu 1/2kuh fglntk ; kn j [kuk] l c ml dh gh bPNk l s
 gkrk g& I am a voice without a form 1/2s , d fujkdj ok.kh gkz⁷
 vr% l oky mudh os'kkkk ; k i Lr qhdj .k dk u gkdj] ; g gS fd D; k
 foodkuan us vius xq jked'.k ijega ds n"ku dls muds l k dfrd
 eV; ka dls vius o'kfjd vo/kj .kk ea idV fd; k Fk\ vFkok ml s foLer
 dj] tS k fd eq'kks k/; k; l j dgrs gS viuk vyx gh ekx l viuk; k\
 ; g iz' u bl fy, Hkh "koku; gks tkrk gS D; k id eq'kks k/; k; l j dh
 rjg gh] foodkuan ds xq Hkkbz Lokeh ; kskuan th] ftlgs Jh jked'.k us
 viuk ijeHkDr cryk; k Fk] mlgks Hkh foodkuan ds thoun"ku ij
 iz'ufplg yxrs gq , d fnu foodkuan l s dgk Fk fd **Bkdj us

I k/kuk ds : i ea døy HkfDr dk mins'k fn;k Fkk vlsj ; s l æBuJ
I økJe vkfn ns'kHkfDr , oa tufgr ds dk; J Lokeh th ds ik"pkR; f"kk
rFkk vesjkd ; jk'ki Hke.k }kj k yC/k muds futHkko gA**8 bu I Hkh
vkjki ka dh tkp rHkh I Hko gS tc Li'V gks tk, fd jked'.k ijega
dk n"ku D; k Fkk\ e[ksi k/; k; I j usfooskum ds fy, ; g Hkh dgk Fkk
fd & **os v}S v}S Hkh dgrs Fks ij I kFk ea ; g Hkh dgrs Fks fd dkyh
i nk djka ; g fFxmæ yxkus tS k Fkk] os njvly jktufrd eu ds
0; fDr Fks os ykxks dks fl OZ [kqk djuk pkgra Fks ftl I s mudk I eFku
fey I dA** jked'.k ijega dh I kdfrd fo"ksrk dks I e>krs gq
e[ksi k/; k; th us dgk Fkk fd mul s 0; fDr ugha I dfr idV gksh Fkh
vlsj muds "kCn Fks **, d vlsj gekjh tMæ viuh I dfr ea gksh pkfg,
vlsj n'jh vlsj gea bl ds ifr fu'Bk gksh pkfg, ftl dk fooskum ea
vHko Fkk bl fy, oa vius xq ds exZ ij pyusea vl eFkZ jgA**

; fn ge jked'.k ijega ds n"ku dks Hkjr; I kdfrd
fo"ksrkvka ds vk/kj ij I e>us dh dks "k" k dja rks Hkjr tS s ikphu
ns'k ea i ksf.kd] nk"kuud] /kfeD I keftd vkfn ijEijkvka ea ges
I dfr dh vkJ; vlsj feJ.k"kyrk] I ello; vlsj vlrHkDr dj.k ds
fujlrjrk dk Kku gsrk gA Hkxor"kj.k mik/; k; us fy [kk gS & **geys
gksr gS I æ'kZ gksr gS tkfr; ka ?kyfeydj , d gks tkrh gS I dfr; ka
I eflor gkdj , d gks tkrh gA ; g fpjdkfyd fuR; I R; gA**9
I gvLrRoeku cgyrkokn] I eU; vutHkDr dj.k dk y{k.k] Hkjr;
I dfr dh vRk gA ftl s gekjs norkvk] gekjs egki q "kk] gekjs uk; dka
us I nk idV fd; k gA vk/kfuud fopkj d "kkqkFk us I R; dgk gS fd &
**; g cgyrkokn fd I h dckM[Fkku] fMi kVæw LVkd Z ; k fpfMf k [kkus dk
cgyrkokn ugh gA bl ds Hkhrj I økn] vrfØZ k vlsj vrfæZ.k dh
ifØ; k Hkh gksh gA**10 ; g gea ; gka ds I ekt vlsj /kelæ ea I nB
fn [kykbZ I Mf k gA fofo/kRed /kelæ vlsj n"ku ka ea I k/kuxr vUosk. kka

vltj ekxkij dkbz jkd ugh gš bl h l kldfrd Lora-rk dk ifj.kke gš
 fd vl [; l k/ku i)fr; k agsvltj budk vki l ea , d k Hkoy/Hkoyš k feJ.k
 gš fd buds ijLij l eak vpoHkr djrs gš ; g l kldfrd varR; klrnk
 u, u, ekxkij dks vkt Hkh iLQWVr djrh gš bl fy, "kdkaukFk th us ; g
 Hkh fy[kk gš & **fglnw /kež gj dky ea tkjh , d vl ektr l okn]
 vl ektr foe"lz gš**11 jked".k ijegd dk n"ku blgh fofHku /kež ds
 ekxkij dh l R; rk dk vk/; kfred iz kx Fkka mlgkus fofHku ekxkij l k/kuka
 dh ijLij fHkurk dh LFkkuuk dkš , d gh y{; l s l efor dj]
 vfojks/krkokn dks fooskuan dks fn[kyk; k Fkka Hkkrh; nk"kuud]
 l kldfrd ijEijvka ea xhrk mifu'kn vkfn bl h idkj ds nk"kuud erka
 ds l elo; ds l e ikr gks gš bl fy, l Hkh nk"kuud "kk[kk.; viuh
 rRoehed k ds ewy dks blgha xFkka l s i ekf.kr djrs gš jked".k ijegd
 bl h l elo; okn ijEijk ds l k/kd Fks vltj Lokeh fooskuan us Hkh bl h
 n"ku dks vius xq l s l h[kk vltj viuh fopkjxr dež'kšy eh vius
 thou eh idV fd; kA muds l kjs 0; k[; kuka ea ; g Hkko gj LFku ij
 fn[kykbz i Mf k gš os dgrs gš & **D; k b'oj dh i qrd l ektr gks xbz
 gš vFkok vHkh Hkh Øe"ku idkf"kr gks jgh gš l d kj Hkj dh ; g
 vk/; kfred vuHkr , d vnHkr i qrd gš ckbfcy] on] d jku rFkk
 vl; ku; /kežFk l ewy ekuka bl h i qrd ds , d , d i'B gš vltj bl ds
 vl [; i'B vHkh Hkh vidkf"kr gš**12

fooskuan rFkk muds xq jked".k ijegd us fd l h nk"kuud
 dh rjg viuh rRoehed k dks dHkh Hkh 0; ofLFkr ugh fd; k Fkk vr%
 muds fopkjka dks fd l h nk"kuud dh rjg n[kuk] mlgs fd l h fof"kv
 [kaps ea j [kus dk iz kl djuk mfpr ugh gš os rks _f'kr[; /kfež
 l kldfrd egki q 'k Fks vr% muds n"ku ea }š} v}š} fof"kvk}š}
 l xqk] fuxqk] Kku] HkfDr] dež l c utj vkrk gš Lokeh fooskuan
 fojDr l U; kl h vltj xya rd Mws gq i d'k dež ksch nkuks fn[krs gš

tc mul s i nNk x; k fd muds igys fdl h vpkp; Z us bu l Hkh oknka dk
 l ello; djus dk iz kl D; ka ugh fd; k\ rks eL dJ krs gq mlGkus dgk &
 **vc rd fdl h vpkp; Z us bl s bl fy, ?kkf'kr ugh fd; k D; krd eSs
 bl h dsfy, tle fy; k gS vksj ; g ejs fy, gh j [k NkMk x; k FkA**13
 vi us xq Hkkbz ; kskum dks QVkdjrs gq Hkh mlGkus ; gh dgk Fk &
 **rē l e>rs gks fd Kku "kqd if.MR; ek= gS tks gn; dh dkey
 ofYk; ka dk uk" k djds "kqd i f k ij pyus l s i klr gk'k gA rēgjh HkDr
 e [kkā dh Hkoprk ek= gS tks euq; dks dk; j cukrh gS rēus vi uh
 y?kqf) l s Jh jked'.k dks ftruk l e>k gS ml h dk ipkj djuk pkgrs
 gkA**14

Lokh foodkum dh l Ei wZ fopkjr deZ'ksh vius xq
 jked'.k ijegd dh ekU; rkvka dk foLrkj gh FkA jke/kkj h fl g fndj
 fy [krs gS & **jked'.k vutkfr Fls foodkum mudh 0; k [; k cudj
 vk; A**15 foodkum dh fopkj l j.kh ea fofo/k nf'V; ka vksj muds
 l gvflrRoeku ,oa l ello; kRed nf'Vdsk n'V0; gk'k gA l qhy
 f [kyukuh dgrs gS fd & **foodkum dh Nk/h l h ftUnxh cks) d vksj
 vk/; kRed ; k=k ds coMj tS h FkA bl ea l gt l gku [kfr] cks) /; kuj
 Vkk l v dSEi; l ds n bfeV'sku vkQ ØkblV tS h rYyhurk if"peh
 foKku vksj rdbknh n"ku dk v/; ; u] if"peh rē eā o xq; okn l s
 l keuk vksj vefjdh l ekt l qkkjdka dh l xBukRed Ātkz/ka ds l kfk
 dke djuk "kkfey FkA**16 bl izdkj ftl l ello; dks Jh jked'.k us
 thou ea mrkj k Fk] mu ijLij fojkskh l Hkh izdkj ds l k/kukvka ds
 Lohdj.k vksj l ello; dks gh Lokh foodkum us vi us fopkj ka ea ekuo
 tkfr dsfy, l S krd eW; ds : i ea foospr fd; k gA

&&&&00&&&&

I mH2rFk vLi .h &

1. fuofnrk Hkfxuh] Lokeh foosdkun tS k mlgs nqkk vuopknd Lokeh fongkRekun i'B & 49] jked'.k eB ukxij 2018
2. foosdkun l kfgR; & ipe [k.M i'B & 149 v]s vkJe dksydkrk & 2014] ; g mij.k Lokeh foosdkun us "orcdsqmiky d l okn dks vius n'Vkr ea iLrnf fd;k gA Nank; mifu'kn ea miky d vius ipe "orcdsq l s dgrs gS & cV k vkt rfigjk pgjk cãKkuh ds leku ped jgk gA tc rpe b'oj dks tku yxs rks rfigjk eqk Loj l kjh vkdf r cnv tk, xhA
3. ogh] ipe [k.M] i'B 30
4. foosdkun l kfgR;] rrrh; [k.M] i'B & 149v]s vkJe] dksydkrk] 2012
5. foosdkun l kfgR;] f}rrh; [k.M] i'B 258v]s vkJe] dksydkrk] 2012iz]kr dpej mik/;k; dh mn;u cktish l syeh ckrphr] l k{kkRdkj] l ekl if=dk ea izdkf"kr vkWkykbLu miyC/k] xxy l pz }kjk l kkkj
6. foosdkun Lokeh & ejh thouxkFkk ¼krRedFkkRed mfdR;ka dk l dyu½ l Eiknu ,oa vuopkn & Lokeh fongkRekun i'B&63] jked'.k eB] ukxij&2015
7. ogh&i'B&139
8. fuf[kykun] Lokeh] foosdkun ,d thouh i'B 265 v]s vkJe] dksydkrk] 2016 l ekl if=dk ea izdkf"kr l k{kkRdkj] l s
9. mik/;k;] Hkkxor "kj.k] Hkkjrh; l ekl dk ,frgkfl d fo"ysk.k] i'B & 38] ok.kh izdk"ku] ubzfnYyh & 2014
10. "kkkqkFk & /keZ dk nqkkar i'B & 157 vk/kkj izdk"ku] ipdnyk gfj; k.kk
11. ogh] i'B & 14

-
12. foodkum l kfgR; & rrrh; [k.M] i'B &138 v}f vkJe] dkydkrk & 2012
 13. fuofnrk Hkfxuh & Lokeh foodkum t\$ k mlgs n\$kk vuqknd Lokeh fongkRekum i'B & 149 jked'.k] eB ukxi j & 2018
 14. fuf[kykum Lokeh foodkum ,d thouh i'B & 265 v}f vkJe] dkydkrk 2016
 15. fnudj] jke/kjh fl g] l dfr ds pkj v/;k;] i'B & 499] ykdHkkjrh izdk"ku bykgkckn & 1&2003
 16. f[kyokuh] l qhy & vorj.k & Hkkjr ds 50 , frgkfl d 0; fDrRo] vuqkn uhye HkVV i'B 206] eaty ifcyf"ka gkml fnYyh 2016

v/;k; 3

Lokesh foodkum & Lokesh;

I u-1897 ea Lokeh foosdkum us jked'.keB dh LFkki uk dh tks
 vkxs pydj nls dk; Zks=ka jked'.keB vlg jked'.k fe"ku ea rcnhy gis
 x; ka jkeka jkyka us fy[kk gS **jked'.keB iwkz% I U; kl h l ekt gS
 ftl ds eB vlg vkJe gS bl s 1899 ea dkuuh nTkkz feyka bl dk eny
 mns"; I koBke fo"o/keZ dk ipkj gA nltjh LkLFkk jked'.k fe"ku gS tks
 tudY; k.k ds ijki dkjh I ok dk; kZ dk Lipkyu djrh gS ftl ea xgLFk
 vlg I k/kq nksuks gAⁿ¹; fn ge Lokeh foosdkum ds bl fe"ku I adkh dk; Z
 dks Hkkjrh; I nHkkZ ea tkpus dk iz kl dja rks mudk ; g dk; Z , d
 fo" k'V vlg , frgkl d ?kVuk bl fy, ekuk tk I drk gSD; kAd Hkkjr
 ea i k jkk I s gh I k/kq I U; kfl ; ka dh tks , d fo"ky i j jk jgh gS ml ea
 , d fo" k'V mYYkq kuh; Rk/ ; ; g gS fd bu I k/kq & I U; kfl ; ka ds thou
 dk i adk y{; vk/; kRed mUufr }kjk LoefDr gh jgk gA bu I Hkh
 I k/kq I U; kfl ; ka dh Hkkouk ea thoek= ds fy, d: .kk vo"; fo/keku Fkh
 fdUrq budh i adk I k/kuk , dkar & fpRku vlg vkRe & I k{kRdkj gh FkA
 fdUrq foosdkum us fe"ku dh LFkki uk dj bu I k/kq I U; kfl ; ka ds fy,
 I ok dkS , d vfuok; ZeW; , oadrd; ds : i ea LFkfir dj fn; k RkFk
 ; g vkn"lz OkkD; I = : lk ea Lokeh foosdkum us cuk; k & ^vReuks
 ek{kfkZ txr fgrk; Pk* vFkkZ I U; kl h dk y{; Lo; a dh efdR ds
 I kFk & I kFk txr ds fgr ds fy, Hkh gkus vfuok; Z gA mlgkus jked'.k
 fe"ku ds : i ea , d I afBr I ok I LFkk dh LFkki uk dj nhA

Hkkjr ds /kfeZ {ks= ea ekuo I ok dh I afBr I LFkk dk ; g
 i Fke mnkgj.k fn[kykbZ i Mf k gA iz ; kr Hkkjrh; bfrgkl K I j
 tnu kFk I jdkj fy[krs gS fd ^es Lohdkj djrk gA fd foosdkum ds
 igys Hkh fgUrw l ekt ea vPNs dk; Z gq gA ijUrq os f" k{kk nws rFk
 Ldnyk vLirkyka dks dHkh dHkj nku nws rd I hfer FkS os tkfr vlg
 I ank; I sfujik l ekt I ok ds : i ea ugh FkA^{**2}

bl s fe"ku ds : i ea l oā fke 0; ofLFkr Lokhe foodkum us gh
 fd; k FkA ; g , d vifre dk; Z Fkk] tks rkrdkyhu bā kbz fe"ku f; ka
 }kjk fd; s tk jga dk; kē dk i R; ōkj ugh Fkk oju bl dk , dek= mīś;
 fo"ko) d: .kk tfur Fkk tks Hkkjr ds nfjnz ekuoka dh l ok ds fy,
 fd; k tkus okyk dk; Z FkA **mlgkua ?kkSk. kk dh fd os , d u; k l U; kl h
 l ekt cukus vk; s gS tks ; fn t: jr i Ms rks nū jka dh l ok ds fy,
 ujd ea tkus dks Hkh r\$ kj gā^{**3}

l kekl; r% l U; kl h ds l anHkZ ea ; g /kkj .kk gS fd tc dkbz 0; fDr l kjs
 l aalks dk R; kxdj] o\$kk; /kkj .k dj cā fparu ea yhu gkrk gS ogh
 l U; kl h dgykrk gā yfdu foodkum us bl l s myV] l U; kl h thou
 dks l fØ; l ok: i deZ ea /; f; r dj fn; k v\$ l U; kfl ; ka dks ns'ki e]j
 nfjnz ukj; .k dh l ok ds fy, l a fBr dj , d uohu v/; k; dks i kj EHk
 dj fn; ka vius xq Hkkb; ka ds l keus Li"V fd; k fd ; g dk; Z muds
 xq jked".k ijega dh l kp dk gh 0; kogkfj d foLrkj gā **foodkum
 l gh Fks mlgkus bl /keZ ijk; .k vgoKn v\$ /; kueXu fu"Ø; rk dks
 jked".k dk n"Vkar v\$ f"kk(gh ugh ekua ; g Lej.kh; gS fd Lo; a
 jked".k Hkkol ekf/k ds ifr : fp ds fo:) iz kl djrs Fks D; kād bl ds
 dkj .k os vU; 0; fDr; ka dh i; klr l gk; rk ugh dj i krs Fks mudh , d
 i kFkZuk Fkh fd ea ckj & ckj tle yw pkgs d\$ks ds : i ea gh l gh] ft l l s
 ea , d eut; dh l ok dj l dā^{**4}

l ok dks rkfdzrk inku djus grq Lokhe foodkum , d ngy/Bk
 n"Vkar nrs gS os dgrs gS , d /kuh 0; fDr ds ikl , d cgkr cMk cxhpk
 Fkk] ft l ea nks ekyh dk; Z djrs Fks , d ekyh vdeZ; Fkk ij og vius
 ekfyd dh [ka: iz'ka k djrk FkA nū jk ekyh ekfyd dh iz'ka k u dj
 dōy dke gh djrk Fkk v\$ egur djs Qy] rjdh mxkdj ekfyd
 ds ?kj i gpk dj vkrk FkA vc bu nks ekfy; ka e] ekfyd ds vuq kj
 dks l k ekyh vf/kd fiz; gsk\ foodkum dgrs gS & **Bhd bl h idkj

l d kj , d cxhpk gSftl ds ekfyd f"ko gA ; gla Hkh nks izdkj ds ekyh
 gS , d rks og tks l [r] vdeZ ; rFkk < kach gS vjSj dHkh dHkh f"ko ds
 l [nj us] ufl dk rFkk vU; vaxks dh i'ka k djrk gS vjSj nitjk , d k
 tks f"ko ds l rku dh] l kjs nhu n[kh ikf.k; ka dh vjSj l eLr l f"V dh
 fp[urk j [krk gA bu nks izdkj ds ykxks ea l s dks f"ko dks vf/kd l ; kjk
 gkskA**5 Lokeh foodkuan fcYdy Li"V Fks fd 0; fDrxr l k/kuk] i ntkfn
 l s mYke] l ok deZ gh gA ; g l R; gSfd ftl Hkkjr dks l U; kl kj kUr-
 ifjoktd cudj] Lokeh foodkuan us viuh n"V l s n[kk Fkk ml ds nks
 : i Fks igyk Hkkjr , d k Fkk ftl ea fofo/krkvka ds gksr's gq Hkh] bl ea
 varfu[gr vfojy cgus okyh l ello; l dfr ekStq Fkh rFkk Hkkjr dk
 vU; : i] i hMknk; h Fkk ftl ea vdYiuh; fu/kZrk] xjhch fucZyrk]
 vHko Hk; kog : i ea mifLFkr FkhA mlgkus nfor gkdj] l U; kf l ; ka
 l k/kda l s vxg fd; k os viuh mtiz vjSj 'kDr l s bu xjhc vjSj Hk[ks
 ykxks dh l gk; rk dja blgh ea ml ukjk; .k dk n"ku dja mlgksa bu
 fu/kZ ykxks dks nfjnz ukjk; .k dgk vjSj fuofYkekxtZ l k/kdks l s dgk &
 **v}Soknh dks viuk gn; cky[ok jkf"k ds l eku 'k[ed cuk yus dh
 vko"; drk ugh gS vjSj uk fg ml s l d kj l s Hkxus dh vko"; drk gA
 i R; d euq; cā dh vfhko; fDr gS vr%v}Soknh dks l cl s i e vjSj
 l cdh l ok djuh pfg, A-----cā Kkuh dks fuf"Ø; gkus dh
 vko"; drk ugh og vU; ng/kkjh thoka dh l ok ds }kj k Hkh cā ea je.k
 dj l drk gA**6 bl izdkj mlgkus nks egkuh; dk; Z fd, Hkkjr dh bl
 l eL; k ds l ek/kku ds fy, os l k/k[l U; kl h] tks l q k[; Fk[muds fy,
 l ok drd; dk fu/kk[.k fd; k rFkk mlgh ds fy, fufodYi cā dks
 /kjr h ij nfjnz ukjk; .k ds : i ea vorfjr dj] onkar ds cā i R; ; dks
 0; kogkfjd cuk fn; kA **Lokeh th cg[kk dgk djrs Fks fd fhku fhku
 ; qka ea fhku fhku izdkj dh l k/kuk fo"ksk dkjxj gksr h gA , d ; q ea
 ri dk egRo Fk[rks nit j sea 'kDr dk rFkk rhl js ea R; kx , oa rRoKku

dk vġ os n<#ki ɔɔ dgrs gS fd orġku ; ɸ ea 'kɪ?z fl f) ikus dk
mik; gS fuLokFġ I ɔkdk; Z vFkok dež kxA**7 Lokeh foodkum crykrs gS
fd 'kL=ka ea ftI thoueɔr ; k fongetɔr ds iR; ; dks izv fd; k
x; k gS og orġku ; ɸ ea I ɔk }kjk gh ikr fd; k tk I drk gA
muds vuɔ kj & ^ijKfġ I ɔkijk; .k gkrs glrs I k/d dks thoueɔr
volFkk ikr gsrh gS ugh rls 'kL= ea dež kx ds uke I s, d fHku iFk
ds min'sk dk dkbz iz kstu ugh FkA**8 dež ɔr thou I scpk ugh tk
I drk gS; fn bl dež ea I ɔk dk mġs; vk tkrk gS rls; g eɔr dh
vġ ys tkrk gA , d f''k"; }kjk iz'u djus ij ml sle>krs gq Lokeh
foodkum dgrs gS fd & ^eS nġgs crk pɔk gw fd nġ js ds dY; k.k ds
fy, I kɔrs gq] mudh I ɔk djrs gq] rɔ bl dk; Z I sviuk gn; 'kɔ
djks} bl I s nġgs vkRe n''ku gksk tks I eLr tfor ik.f.k; ka ea ifo"B
gA**9 i ɸ% f''k"; ka }kjk ftKkl k djus ij fd egjkt ijgr dk iz kstu
D; k gS os crykrs gA ^viuk gh fgr I k/ku] ; fn rɔ ; g I kɔks fd rɔus
bl 'kjhj dks ftI dk vġkkko fy, cBs gks nġ jka ds fufeYk mRI xZ fd; k
gS tks rɔ bl vġkkko dks Hkh Hmoy tkvkxs vġ var ea fong cġ) vk
tk; sxhA , dkxfpr I s vġka ds fy, ftruk I kɔksxs mruk gh viuh
vġkkko dks Hmoy/kxA**10

bl izdkj Lokeh th ds I ɔk ds iR; ; dk iz kstu Li"V Fkkj
I ɔk djus okys 0; fɔr dk fpr 'kɔ gks tkrk gA vġkkko dk uk''k gks
ij I eRo n''V mRiUu gsrh gS rFkk ; gh I eRo cġ) ml ds d: .kkj
I ɔnuk dks I kɔkkfɔed dj vf[ky cāuɔkfr dk I k/ku cu tkrh gA os
vk; kRe vġ I k/kukvks dks xɔkvlk i gkMka I s mrkj dj I ɔk ds : i ea
txr ea LFkkfir djuk pġrs Fkġ D; kġd vkus okys Hkfo"; eġ bl dh
vko"; drk FkA os Hkjr ds Hkfo"; dks I cy cukuk pġrs FkA ml gkus
vkRefo"okl I s Hkjs ; s 'kɔn dgs gS fd ^ejk fo"okl djks ejk ; g
thoukġ dk vuɔko gA eS Hkjr dh yxHkx I Hkh LFkkus ij ?kɔ pɔk gw

I Hkh xQkvka dk vUosk.k dj pQpk gh vUj fgeky; ij Hkh jg pQpk gh
 vUj var ea eS bl h fu"d"lz ij igpk gh fd bu l c jgL; fo|kvka l s
 eutj; nQjy gh gkxk gSeS vius nS'k l s i e d jrk gh eS rEgs vUj vf/kd
 ifrr vUj T; knk detkj ugh nS'k l drkA**11** mlgkua U; w kdZ vUj
 ynu ea Hkh onkr l kl kf; Vh dh LFkkiuk dhA ik"pkr; nS'kka ea fd l h
 Hkjr h; l U; kl h }jyk LFkkr ; g i Fke l okHkoh fe"ku Fk tks fd vkt
 Hkjr dk xUjoiwZ bfrgkl gA ^mlgkus vius fe"ku ds fy, rhu izkj
 ds dk; ka dk fo/kku fd; k vUunku] fo|knku %kS) d Kku dk nku% rFk
 Kku nku %k/; kRed Kku dk nku% Lokeh th dk er Fk bu rhuks dk
 Bhd Bhd l ello; gkus l s gh , d vkn"lz ekuo dk fuekZk gS l dskA¹²
 fdUr q orZku ea bl fe"ku dk {ks= c<ej xkQk] fi NM% oxkZ vkfnokl h
 {ks=ks ea fodkl dk; l l gk; rk i qZkl dk; l vksk/kh; {ks=ka ea dk; l
 fpfdRl dh; l ok] Lojstxkj] ukjh dY; k.k] l kEinkf; d l nHko rFk
 i kdfrd vkinvka ds l e; jkgr igpkuk tS h xrfof/k; k; ds l ok: i
 gS rFk foodkuan dh bl Hkkouk ^eutj; : ih bZoj dh l ok** ds: i ea
 pyr k gA ; gh ugh fe"ku vUj eB ds dk; l vk/kfud rdudhka l s Hkh
 l FTtr gS ft l ea l U; kl h vk/kfud l Qk l qo/kvka ; Qr ?kjka ea jgrs gS
 rFk vk/kfud rdudhka ; a=ks dk mi ; kx djrs gq l puvka dk vknku
 i nku djrs gq ; k=k, a djrs gq l ok dk; l dks foLrkj nrs gA Hkjr ds
 vykok yxHx 18 ik"pkr; nS'kka ea fe"ku dk l ok dk; l l pkyr gkxk
 gS Lokeh foodkuan us Hkjr ea l ok : ih , d fof"kv nV dk izVU
 fd; k] ft l us/keZ rFk nS'k dks mlur rFk xUjokflor fd; k gA

I mHZ , oafVli .kh &

- 1- jksyka jkaka foodkum] dh thouh i" B 95 vuoknd MKW j?kgt xtr v}§ vkJe dksydrk 2017
- 2- I jdkj I j tnuKk ds vky{k & Lokh th v}§ fgluwl ekt i" B & 55 I § Lokh foodkum v}§ mudk vonku I Eiknd Lokh fongkRekum v}§ vkJe dksydrk 2018
- 3- jksyka jkaka foodkum dh thouh i" B 92] vuoknd MKW j?kgt xtr v}§ vkJe dksydrk 2017
- 4- ogh i" B 96
- 5- foodkum I kfgR; ipe [k.M i" B 39 v}§ vkJe dksydrk 2014
- 6- fuf[kykum] Lokh foodkum , d thouh i" B 61
- 7- ogh i" B 256
- 8- foodkum I kfgR; "k" B [k.M i" B 78 v}§ vkJe dksydrk
- 9- jksyka jkaka foodkum dh thouh i" B 211 vuoknd MKW j?kgt xtr v}§ vkJe dksydrk 2017
- 10- foodkum I kfgR; "k" V [k.M i" B 77 v}§ vkJe dksydrk
- 11- foodkum I kfgR; ipe [k.M i" B 112 v}§ vkJe dksydrk 2014
- 12- foodkum I kfgR; iFke [k.M i" B 302 v}§ vkJe dksydrk 2014



v/; k; & pkj

Lokh foodkum & /keZ dk Lo: i



i kphu dky l s iokfgr] l pkyr Hkkjrh; l kldfrd eV; j
Hkkjrh; l keftd vo/kj.kk, j Hkkjrh; n"lzu] rFk /ke] Hkkjrh; 0; fDrxr
thou "kSyh ea bl dnj vlrHkkjrh gS fd blga bl vk/kfud ; q; ea Hkh
ijEijk l s fofPNUU djuk vl Hko gA Hkkjrh; nk"lud rRo eheda k dh
i k; % l Hkh "kk[kk, j l R; D; k gS dh ryk"ki vk/; kfred l k/kukj foopukvka
}kjk djrh gS vkSj Hkkjrh; l ekt ea Hkkjrh; ; k ykSdd txr l s ij
, d vykSdd ; k ikjySdd txr dh l R; rk ea vVw fo"okl gA bl s
gh Lokh foodkum us l e>k vkSj ; g dgk fd & **eSis ik"pkr; ns'kla ea
Hke.k fd; k gS vkSj eS fHkuu fHkuu tkfr; ka l sfeyk tyk gw vkSj ea-s ; g
yxk fd iR; d jk'V^a vkSj iR; d tkfr dk , d uk , d fof"V vkn"l
vo"; gsrk gA jk'V^a ds l eLr thou ea l pkj djus okyk , d egroiwk
vkn"l dg l drs gS fd og vkn"l jk'Vh; thou dh jh<+ gsrh gA
ijUrq Hkkjrh dk es n.M jktufir ugh gS l B; "kfr Hkh ugh gS vkSj u
; ka=d "kfr gh gS oju gS/keZ dny /keZ gh gekjk l oLo gS vkSj ml h
dks gea j [kuk Hkh gA^{ad}

; g l R; Hkh gS fd fd l h Hkh ns'k dk cgrj fodkl] l dkj ; k
ifjorZ ml ns'k ds fparu] eV; k; jgu&l gu] tyok; j; Hkkjrh; vkfn dks
vk/kj cukdj gh l Hko gS l drk gA vk; krhr fopkj/kjk, j vkd'kd rks
gsrh gS fdUrq mudk yHkkouh : i l eL; kvka dk Bkl l ek/kku ugh dj
i krk gA fQj Hkkjrh rks bruk i kphu ns'k gS fd bl ds tehu dh dks [k
l s vuad fopkj/kjk vkSj i fks l a nkva dk fujarj tle gsrj grk gA /keZ
; gka ds yxks ea jDr ds l fK cgrk gA foodkum dgrs gS fd & **fglww
, d fofp= 0; fDr gsrk gA og gj dke /kfeZ <a l s djrk gS og
/kfeZ <a l s [krk gS /kfeZ <a l s l krk gS ikr%dky /kfeZ <a l s
tkrk gS /kfeZ <a l s l Rdel djrk gS vkSj /kfeZ <a l s gj kbZ Hkh
djrk gA^{ad} Hkkjrh; thou "kSyh l s /keZ dks i fkd ugh fd; k tk l drk
gA bl fy, Lokh foodkum us Hkkjrh dh ftu l eL; kvka dks ifjoktd

cuđj] Hke.k djrs gq n[kk] l e>k Fkk mlgh ds funku dks vi us /kkfeđ
vkš nk"lud fpru dk vk/kkj cuk; kA

Lokh foosdkum ds /kkfeđ nk"lud er dks 0; kogkfjd onkr
dgg tkrk gA bl 0; kogkfjd onkr ea muds fo"o/keđ dk iR; ; Hkh
l ekfgr gA ge dg l drs gS fd foosdkum dh nk"lud ekU; rk
vkš fu'knh; rRoehed k dh 0; kogkfjd 0; k[; k gA mlghkus Lo; a dgg gS
fd & **eṣ bz'oj dh dik l s bl izdkj ds ,d egkiq 'k ds iškar ys
cBdj f"kk{xg.k djus dk egk l kkkk; feyk Fkk ftl dk l Ei wZ
thou gh mi fu'knka ds egk l ello; dk Lo: i FkA mlgha n[us ij ekya
gkrk Fkk] ekus mi fu'knka ds Hkko okLro ea ekuo: lk /kkj.k djds izdV
gq gkA³ gkykid mudk ; g dFku vius xq jked'.k ds ifr vl he
vknj grqiz, Ḑr gṣk gS yfdu mlghkus Jh jked'.k ijega ds thou l s
gh f"kk ikr dj] vius fopkjxr deZkSyh dh uho rš kj dh FkA

mi fu'knka dh rRoehed k dh vojks/krkoknh l ello; fo"ksrkj
v}šokn] }šokn] fof"kvk}šokn vkfn l Hkh erka dk l keluL; djrh
gA bl hfy,] Hkkjrh; n"ku dh i k; % l Hkh "kk[kk, i mi fu'knka dks gh vi uk
nk"lud vk/kkj cukrh gA Lokh foosdkum dš vi us fopjka dks LFkfi r
djus ds fy, nls l "kDr vk/kkj FkA igyk l š kird vkš fu'knh; fpru
ijEijk rFk n[jk mudk 0; kogkfjd : lk vFkkZ- mi fu'knka ds eel dks
izdVidr djrk muds xq jked'.k ijega dk thouA vr% mlghkus Hkh
, d vojkskokn] l ello; oknh l koBkšed n'Vdks ds fl ḏ kr dks iLrṣ
fd; k] tks Hkkjrh; l dfr dh gh ey igpku gA

Hkkjrh ds nk"lud] /kkfeđ <kps dks l e>us ea vuđ fopkj dka
dks bl fy, dBukbz gkrh gS D; kid bu fpr dks dks yxrk gS fd i kphu
xkka vkš fopkj dka }kj k dh xbZ 0; k[; k, i bl fy, vrkfdđ gS D; kid ; s
ijLij fojkskh gS vFkkZ- buea l xqk] fuxqk] }š v}š dks , d l kFk
Lohdkj fd; k x; k gA Lokh foosdkum dh vkypuk dk Hkh ; gh vk/kkj

gšfd mudsfpru ea l xqk vłš fuxđk dk rkyesy gđ osefiržeku b'oj
vłš fuxđk cā nkus Lohdkj djrs gđ yřdu Lokeh foosdkun dks ; g
Kkr Fkk vłš mlgkus vius n'kū ; k fopkjka dksfdl h , d [kaps ea cđkus
dh dks''k''k ugh dhA os dgrs Fls & **}řokfn; ka vłš v }řokfn; ka dks
ijLij fookn djus dh dkbz vko''; drk ugh gđ l elr JirokD;
vr; ur eulje gđ vr; r vñkkr gš vłš os ijLij fojkskh ugh gđ muea
viđz l keatl; fojeku gđ , d rRo ekuka ni js dkl l ki ku Lo: i gđ⁴
okLro ea ; g tks Hkn ; k fhkLurk fn[kykbz ns jgh gš foosdkun ds
vuđ kj ml ijel r- dk Hkn ugh gđ ; g gekjk n'VHkn gđ os bl
n'VHkn vłš fofokrk dh 0; k[; k grq; g n'Vkr nřa gš & **ge tyik=
yđj tyk''k; ea ty Hkjus vk, A dkbz dVkj h yk; kj dkbz ?kMk yk; kj
dkbz ckVh yk; k BR; kfn] vc tc geus ty Hkj fy; kj rks D; k nř[krs gš
fd iR; d ik= ds ty us Lohkor% vius vius ik= dk vkdkj /kkj.k
fd; k gđ ijuřq iR; d ik= ea ogh , d ty gš tks l cds ikl gđ⁵ bl h
idkj iR; d er dh] l r-dks 0; k[; kf; r djus dh , d fof''k'V n'V gš
vłš ; gh n'V l r-dkš }ř ; k v}ř vkfn n'Vdksk l s iLrř djrh gđ
olrř% l r rks , d gh gđ foosdkun us ; g l e>k Fkk fd mifu'knka ea
l r- ; k rRo dh cgřo/k 0; k[; k gđ bl h idkj Hkkjrh; l ekt ea
nørkvka ds cgřo/k vL Fkk tU; : i Hkh gđ muds vuđ kj ; fn
ikjekfkdz n'Vdksk dks l R; ekudj 0; kogkfjd txx ds feF; k: lk dh
0; k[; k dh tk, rks bl l s txx dh l eL; kvka dks Hkh vokLrfod ekuuk
iMxk vłš ; g n'Vdksk Hkkjr nřk dh detksj; kđ fu/kLrk vkfn dk
gy ugh gks l drk gš vr% mlgkus /keZ foopuk ea txx-dkš l R; j [krs
gq] bl dh fofokrk dks Lohdkj djrs gq] bl ea fufgr l kōkšed ey
rRo l r-dkš vius n'kūud fopkj/kkjka ea LFkkfir fd; kA

Lokeh foosdkun dh n'kū i) fr dks tkuus dh dks''k''k djs rks
l ođ Eke os ; g Li 'Vr% Lohdkj djrs gš fd vk/; kfRed fu; e ''kk'' or gđ

**ftl idkj xq Rokd'kzk dkl fl) kar euq; ka ds irk yxkus l s i d l gh
 viuk dke djrk pyk vk; k Fkk vls vkt ; fn euq; tkfr ml s Hky Hkh
 tk, rks Hkh og fu; e viuk dke djrk gh jgskl Bhd ogh dkr
 vk/; kfred tkr dk "kkl u djus okys fu; eka ds l adk ea Hkh gA**6 vls
 bu vk/; kfred fu; eka ds i q'Vdj .k grq Lokeh foodkum , d i) fr
 crykrs gS muds vuq kj & **I Ei w k Kku i kfr ds nks eyw l w gS , d
 l w rks ; g gS fd fo"ksk dks l kelu; l s vls l kedu; dks l od; kih rRo
 dh i' Bhdie ea tkuuA nwljk l w ; g gS fd ; fn fdl h oLrq dh 0; k[; k
 djuh gks rks tgka rd gks l d] ml oLrq ds Lo: i l s ml dh 0; k[; k
 djukA**7

l kedu; l od; kih rRo D; k gS rFkk eyw Lo: i rd igpus dk
 exZ; k l k/ku D; k gS ; fn foodkum l kfgR; ea fufgr Lokeh foodkum
 ds fopkj ka ea bu i' uka dh [kist dh tk, rks oab l s bl idkj crykrs gS
 fd iR; ad /keZ l E ink;] i f k] n"ku fopkj/kjk ea eyw-% rhu Hkx ; k
 rhu pj .k gks gS ftl s oa vkuqBkfud Hkx] i ksf.kd Hkx rFkk nk"kuud
 Hkx dgrs gA

/keZ ds vkuqBkfud Hkx ea ml ds vuq kf; ; ka grq , d l k/kuk i) fr gsrh
 gS tks Kku] Hkfr ; k dekn ij ; k fdlgh fHku fHku dezk. Mks ij
 vk/kfjr gks l drh gA Hkjr ea ; g vkuqBkfud l k/ku i) fr dh
 Lorark gaus ds dkj .k] i kphu dky l s vl [; i) fr; ka vls /kfeZ
 f0; k, ; n[kh tk l drh gA /keZ ds nwljs i ksf.kd Hkx ea ml /keZ dh
 uhd dks etar djus okys fopkj d] l k/kd vls mudh ml /keZ l adkh
 foLrr foopuk, ; gsrh gS fdl h Hkh i f k ; k /keZ dh ij Eijk ds i orZl
 uk; d] ml ds i ksf.kd Hkx ds varxZ vk tkrs gA tks vius /kfeZ
 fopkj/kjk dks , d vlFkkoku vls rkfdZ : i inku djrs gA ; fn
 fdl h /keZ ds bu nks : i ka ds vykok ml ds eyw : i dks n[kh tk, rks
 Lokeh foodkum ml } ml /keZ dk nk"kuud Hkx dgrs gA ; gh bl /keZ

dh emy "kk"or eku; rk gkrh gA rFkk ;g I Hkh /keɫ etgcka ea I eku
 gkrh gA ;g I okp rRo gkrh gS vɫɫ ;gh og I koBkksed vɫɫ , d
 I eku vo/kj.kk gSftI I s i kj fEHkd fofo/krkvɫ oSkE; I s mBdj I elo;
 LFkfir fd;k tk I drk gA bl Lokeh fooskum us vius "kCnka ea
 cryk;k gSfd & **ge n[ksrsgS iR; d /keɫ ea rhu Hkx gS eS vo"; gh
 ifl) vɫɫ ipfyr /keɫ dh ckr dgrk gA igyk gS nk"ɫud Hkko] bl ea
 ml /keɫ dk I kj fo'k; vFkɫ-emy rRo] mɪs';] ml dh i kflr ds I k/ku
 fufgr gkrsgA nɪ jk gS i kɫf.kd Hkx ;g LFoy mnkgj.kka ds }kj
 nk"ɫud Hkx dks Li 'V djr k gA bl ea euq; ka vɫɫ vyksd i q 'kka ds
 thou ds mik[; ku vfn gkrsgA bl ea nk"ɫud rRo] euq; ka ;k
 vfridfrd i q 'kka ds FkM/cg; dkyifud thou ds mnkgj.k }kj
 I e>k, tkrs gA rhl jk gS vkuqBkfud Hkx ;g /keɫ dk LFoy Hkx gA
 bl ea i ntk i)fr] vkpkj] vuqBku] fofo/k "kjhfd vax fol; kl i qi]
 /kɪ] /kuh] iHkr] ukuk izkj dh bfnz, xkgu oLrq; gA bu I cdk
 feykj vkuqBkfud /keɫ dk I xBu gkrk gA^{**8} bl izkj n[kk tk, rks
 gj i k] /keɫ ea i kj fEHkd nks Lrjka ij oSkE; I gt gS fdUr q var ea
 I k/; : i e] I Hkh I eku gks tkrs gA bl h fofo/krk] oSkE; vɫɫ I keku;
 , dRo dks Li 'V djrs gq Lokeh fooskum crykrs gA fd **bl ds igys
 ea , d ckr n[s i nrk gɪ i Foh ds /keɫ D; k ij Lij fojkskh gS ejk
 vk" k; mu cāpkjka I s ugh gS ft I ea egku fopkj vkof'Br gS ejk
 vk" k; foFkku /keɫ ea 0; ogi] efnj] Hk'kk fØ; kdk.M] "kkL= i Hkr dh
 fofo/krk I s ugh gS eS i R; d /keɫ ds Hkrj dh vkrk dh ckr dgrk
 gA^{**9} fo"o /keɫ ds i R; ; dk Hkko ;gh , d I oD; ki h I koBkksed nk"ɫud
 Hkx gS & u fd oSkE; e; h vuqBkfud ; k i kɫf.kd HkxA fo"o /keɫ dk
 vFkz drbz ;g ugh gSfd I kjs fo"o dk dkbz , d gh /keɫ gks oju-Lokeh
 fooskum dk rks ;g ekuuk gSfd I d kj eaftrusekuo gSmrus gh /keɫ
 gks pfg, A I Hkh dks vius LoHkkokuply vius /keɫ ds ekxā dk vfo'dkj

Lo; a djuk p kfg, A os dgrs gSfd & **eš i kFKZuk djrk gw mudh l d; k
of) gkrs gkrs l d kj ea ftrus euq; gš mrus gh l Eink; gk tk; š
ftl ea /keZ jkT; ea iR; d euq; vius iFk l s viuh 0; fDrxr fpru
iz kkyh ds vuq kj py l dA**10

foosdkuan ds vuq kj /keZ dk ; g l koBkšed ewLo: i rks
ekuo ds vnj jgrk gS bl fy, **/keZ dk vFKZ gS ml cāRo dh
vfk0; fDr**11 ; g vkrfjd : i l s vfuok; 7% idVhdr gkrk gš cl
bl ds idVu dk l k/ku fHku fHku gkrk gA ; g euq; dk fu; frc)
l k; gA vr%ml /keZ l s tks l cds vnj , d gh idkj dk fo|eku gS
ml l s dkbZ Hkh cp ugh l drk gA **ejh ; g vklFkk gSfd /kfeZd fopkj
euq; dh jpuk ea gh l flufgr gS včš ; g ckr ; gla rd l R; gS fd
euq; /keZ dk R; kx rc rd ugh dj l drk tc rd ml dk "kjhj gš
eu gš eflr'd gš thou gA**12

foosdkuan , d , d s nk"ktud fopkj dks LFkfr djuk p kgrs gS ftl ea
vfojčk gš ftl ea i k j kkd : i ea fo'kerk vo"; fn[krh gk fdUrq vr
ea l Hkh ea , dRo Lo: i dh vučkr gk tkrh gla Hkfxuh fuofnrk us , d
ckj bl h fopkj dks tc Lokh foosdkuan ds l e{k , d n'Vkr }kjk
iLrč djrs gq mul s dgk fd **eš l gl k , d k čkč gvk fd fofHku
/keZ ekua fofHku Hk'kk, ; ek= gS včš gea gj 0; fDr l s ml h dh Hk'kk ea
čkyuk p kfg, A mudk p g j k vkuan l sf[ky mBk včš oa dgus yxs & gk
jked'.k ijegd gh ek= , d s 0; fDr Fkš ftUgks bl dh f"kk nhA oa gh
, dek= , d s 0; fDr Fkftuea ; g dgus dk l kgl Fk fd gea l Hkh ykxka
l s mudh viuh Hk'kk ea gh čkyuk p kfg, A**13 bl idkj mi fu'knka ds
ifo= l =ka l s pyrč gvk jked'.k ea idV gvk Hkjr dk ; g
l k d frd of"kk B] foosdkuan ds fopkj ka }kjk i j s fo"o ea LFkfr gkrk gS
včš ošE; dčš fHkurč dčš fofo/krk dks thou dk fpUg ekudj Lohdkj
djrk gS rFk l kFk gh l kFk l Hkh ds vnj , d l R; dh [kšt dj ekuo

dks l kfk feydj jgus dh rkdld f"kk nrk gA oa dgrs gS & **eš
"ke"ku tš h Hkfe ea ugh jguk pkgrkj eš euq; ka ds l d kj ea euq;
gkuk pkgrk gA fofo/krk thou dk fplg gA fhkDurk fopkj dk iFke
fplg gA eš i kfkZuk djrk gA i f k c<+ v kš vr ea brus i f k gk tk,
ftrus ekuo i k.kh gA**14 ; gh Lokeh fooskum dk /keZ l eakh oš"od
fopkj rFk 0; kogkfjd onkar dk Lo: i gA

I mH2rFlk fVli .h &

1. foodkun l kfgR;] i pe [k.M i'B & 35v}f vkJe dkydrrk & 2014
2. foodkun l kfgR;] i Fke [k.M i'B 270v}f vkJe dkydrrk 2014
3. foodkun l kfgR;] i pe [k.M i'B 147v}f vkJe dkydrrk 2014
4. ogh] i'B & 129
5. foodkun l kfgR;] rrrh; [k.M i'B 147v}f vkJe dkydrrk 2012
6. foodkun l kfgR;] i Fke [k.M & i'B & 8]v}f vkJe dkydrrk 2014
7. foodkun l kfgR;] v'Ve [k.M & i'B & 38v}f vkJe dkydrrk
8. foodkun l kfgR;] rrrh; [k.M & i'B & 141v}f vkJe dkydrrk 2012
9. ogh i'B & 129
10. foodkun l kfgR;] rrrh; [k.M & i'B & 128v}f vkJe dkydrrk 2012
11. foodkun l kfgR;] f}rh; [k.M & i'B & 328v}f vkJe dkydrrk
12. ogh] i'B & 264
13. fuofnrk Hkfxuh] Lokeh foodkun t\$ k mlgns[kk vupknd & Lokeh fongkrekun i'B & 102] jked'.k eB] ukxi j & 2018
14. jkyk jkaka & foodkun dh thouh] vupknd MKD j?kjkt xlr i'B & 203 v}f vkJe] dkydrrk & 2017



v/; k; & 5

Lokesh foodkun & vk/kud Hkj



i kj fEHkd dky ds Hkkjr l s ydij vkt rd ds vk/kfud Hkkjr
rd dk n"V; kRed voykdu djus l } ; g egRoi wkz rF; Li"V gks
tkrk gS fd ey : i es Hkkjr , d /kfeZd n'sk gS rFkk Hkkjrh; /kfeZd
l h dfr dks Hkkjrh; ekul , oa ml ds l kelftd thou"ksyh l s foPNu
djuk vl Hko gSA /keZ Hkkjrh; ka ds vny vls ckgj bl dnj vUrO; kR
gSfd og viuh O; fDrxr usrd l kelftd gj idkj dh l eL; kvka ij
foopu vls eV; kadu djrs l e; /kfeZd n"V dks gh ik; % vk/kj cukrk
gA bl fy, vk/kfud Hkkjr dh foopuk ds i mZ Hkkjr dh /kfeZd l j puk
dks l e>uk vfuok; ZgA

; fn n[kk tk; s rks foHkkU i fkk] etgca /keZ dk mRi fYk dky
e/; ; x vFkok ikphu ; x jgk gA tkfgj gS tc budk vorj.k gqk
gksck] ml l e; dh ifjLFkr; ka , oa ekua dk thou] orEku vk/kfud
l e; l s fcYdy fHkkU jgk gksckA tS s tS s ekua vls l ekt dk /khs
/khs fodkl gqk os s os s bu i fkk] etgcs /keZ ea Hkh l ki kuor cnyko
gq gkykd n[kk tk; rks; g ifjorZ ; k cnyko ml /keZ; k etgc ds
ey rRoehak k ; k ml ds dsh; fopkj dk uk gksdj vf/kdkr%
l e; ukud kj ykdd O; ogkj ; k /kfeZd deZk. Mka ds i fO; kRed : i
dk gh gqkA ftu /keZ etgca us bu ifjLFkfrtu; l gt ifjorZs dks
Lohdkj ugh fd; k mudh , d vU; 'kk[kk dh mRi fYk gks xBA fd l h Hkh
/keZ; k etgc vls ml dh ifjorZ 'kk[kkvka dk rgyukRed v/; ; u dj]
ml /keZ; k etgc ds ifjofrZ Lo: i dks tkuk tk l drk gA

fgUnw /keZ ea bu cnykva dk l keku; o.ku djrs gq Lokeh
fooskuan dk er Fkk fd ^keZ ds {ks= ea rhu foHkkU Lrjka Lohdkj
djuk pfg, muea l s igyk gS ikphu , frgkfl d l ukruh /keZ n[jk gS
eflye 'kkl udky ds l fkkjoknh i fkk] rhl jk gS orEku dky ds l fkkj d
l E ink;] ijUrq; s l Hkh l eku : i l s fgUnw /keZ ds ?kVd gA**1 Lokeh
fooskuan us Lo; a Hkh] vls fu"knh; rRoehak k vls onkard eku; rkvka

dk l dkkj djrs gq muds , d uohu 0; kogkfjd : i dks iLnrq fd; kA
mlgksu} l U; Lr gkdj fgeky; vks} xgu dlInjkvka dh vksj tkuoky}
fojDr l k/kdka dks l a kjkbe[k djrs gq muds fy, jked".k fe"ku: ih
, d lyk/OkeZ rS kj fd; k rFkk mudh LoefDr gsrqR; kx; Dr thou 'kSyh
e} ekuo ek= gsrq d: .kk vks} l ok eW; dks vfuok; Z l k/ku&l fLFkr dj
fn; kA ; gh ugh mlgksus rls vk/; kFRed mRFkku gsrq nk"kkZud fprau
i j i j k ea fojks/kHkk l h eku; rkvka l xqk vks} fuxqk dks , d l kFk Lohdkj
dj LFkkrir fd; kA l xqk l s fuxqk dh vksj dks mlgksus vk/; kFRed
l ki kuxr fodkl dgk vks} ml s r k f d b l : i i nku fd; kA

Hkkjrh; n"ku dh nk"kuud eW; n"V ge'skk l s gh /kkfeZ vks}
vk/; kFRed jgh gS fdUrq bl dk vFkZ ; g ugha gS fd efiDr ; k eksk ; k
fuofRr , oaR; kxiwkZ thou dks gh iæ[k ekuk tk,] bl s Lokeh foodkum
us l e > k FkA mudk ekuuk Fkk l a wkZ thou , d l k/kuk }kj k fujarj
l ki kuka l s vfrØe.k djrs gq vk/; kFRed y{; dks i k l r djuk gA /keZ
vFkZ dke vks} eksk pkjka i q "kkFkZ vk; q ds fo"kskdky ea viuk egRo
j [krs gA bl h izdkj l xqk vks} fuxZk ea Hkh l keatL; rk gA bl h
fopkj/kkj k ds dkj .k Lokeh foodkum dk ekuuk Fkk fd l U; kl h t S s
mPPk {kerkoku egki q 'k dk drD; dpy LoefDr ugh oju vi us fi Nys
l ki kks ds i fr mudk xgu nkf; Ro Hkh gA muds xq jked".k i j e g l
us mlgs Hkh bl h izdkj rS kj fd; k FkA

/keZ etgc vkfn ds ifjofrZ : i k} 'kk[kkvk} vl æ; l k/ku
lk) fr; ks dh mo} Hkfe Hkkj r gh gA Hkkj r ea /kkfeZ fopkj/kkjvka vks}
ekxk} dh fofHkUkrkvka dks ns[kdj] foLEk; l s fd l h dh Hkh vkæ[ks QVh dh
QVh jg tkrh gA i kphu dky l s Hkkj r ds uxxfjd dks de l s de bl
dkr ij rls dkbZ vki fRr ugh jgh gS fd dkbZ Hkh 0; fDr fdu /kkfeZ
fdz kvka ; k l k/kuk i) fRr; ka l s viuh vkLFk ; k /kkfeZ fo"okl dks
vfHk0; Dr dj jgk gA /kkfeZ l k/kukvka dk vUrHkqDr dj .k] feJ.k rFkk

i Hkko ikphu dky l } rc gh ikjHk gks x; k tc vkgkj dh ryk" k eþ
Hkkjr dh vlsj vkdf"kr gkdj vkus okyh fons"kh tkfr; ka vlsj ccj l eþka
ds vkde.k gq ð fQj muds bl n"sk esjgokl] LFkkf; Ro l } tks mudh
l H; rk vlsj l ðdfr Fkh ml dk ; gka dh l ðdfr vlsj l H; rk l s tks
l foy; u] l feJ.k vlsj l ello; hdj.k gqKA bl l s ; gka dh /kfeð
fofo/krk dk dyoþ vlsj Hkh fo"kkj] fojKV vlsj l e) gks x; KA fQj ; gka
'kkL=kfKZ dh eku; kK; i j ð i j k] i {k & i fri {k vki l h okn & fookn ka us i j Li j
fojkskh fopkj k/kkj kvka dks Hkh LoLFk] l gvflRoeku LFkku nsfn; KA

bl idkj n[kk tk, rks vkt dk vk/kfud Hkkjr /keZ Hk"kk]
l H; rk] l ðdfr] uLy vkfn ds : i ea fofo/krkvka l s Hkjk vnHkr n"sk gS
vlsj bl cgfo/k l H; rk vlsj l ðdfr dk vkil h l keatL; rFkk l gt
vfojkskkRed Lo: i] bl n"sk dh l cl s cMh fo"kkkrk vlsj rkdr gð
fdUrq ; gh fo"kkkrk] bl n"sk ds bfrgkl ea dbz ckj nqZyrk vlsj
detkjh vlsj Hk; kud l eL; k ds : i ea idV gpZ gð nlr ja 'kCnka ea ; g
fofo/krk] tgka l e) l k ðdfrd l e j l rk iwkZ rkdroj Hkkjr dk irhd
gS rks ogha bl eþ , d nlr ja dks ckv/ nuss okyh] [kMvR dj nuss okyh
l Hkkouk Hkh ekStm gð ftl dk ifj.kke QW Mkyka /kphdj .k] /kfeð fgd kj
nackv vkfn fdz kvka es n[kk tk l drk gð ; g vkt Hkh Hkkjr dh , d
ie[k l eL; k gð bl fy, vkt nk"kdudk fopkj dkkv] ckv] thfo; ka dk
e[; dk; Z Hkh ; gh dgk tk l drk gS fd og Hkkjr dh bl cgfo/k
l ðdfr ea gksus okys ifjorZka dh tkp dja rFkk buds e/; l keatL; rk
ds eny rRoka dh ryk" k dj] buea l ello; dks LFkkfir djus dk iz, kl
dja D; kfd l kjh l eL; k dh tM; varfojkskkRed Hkn dh gh gð ; gh
dk; Z vius l e; ea Lokeh foodkum usfd; k Fkka

Hkfxuh fuofnrk fy [krh gS fd foodkum ds **vius gh
dFkud kj i j Etk l s gh mudk , dek= drd; Fkk fglunw /keZ ds l kekl;
vk/kkj ka dh [kst djuk] viuh l gt LokHkkfod i j .kk ds }kj k] mlgs cksk

gɣk Fkk fd bu vk/kkj ka dks [kkstuk rFkk mlgs l cy cukuk ; gh mudh
 ekr̄or fgl̄nw /keɫ dks ml ds vVw ; k̄ou rFkk 'kfdR ds fo"k; ea , d
 vkume; vkRefo"okl idV djus dk mik; ḡA**2 Loh foodkum dk
 Li"V ekuuk Fkk fd Hkkjr dk l keɫ; vk/kkj /keɫ gh gS /keɫ gh bl dk
 x̄s̄o gS v̄s̄ ; g gea l kjs fo"o l s vyx v̄s̄ fo"K"V cukrk ḡA gekjs
 /keɫ ea gh gea l keatL; rk ds l kjs l = rFkk rRo i ktr gkrs gS bl hfy,
 gea bl h ij /; ku d̄f̄nr djuk pkfg, A os dgrs gS fd **iR; d̄ tkr
 viuh futh fo"Ksrk, j v̄s̄ 0; fDrRo yd̄j tle xg.k djrh ḡA l c
 tkr; ka feyd̄j , d l e/kj , drku l xhr dh l fV djrh ḡS fd̄nr
 iR; d̄ tkr ekuka jk"Vka ds Loj l keatL; ea , d , d i fkd Loj dk
 i fruf/kRo djrh ḡS ogh ml dh thou"kfDr ḡS ogh ml ds tkr; thou
 dk es n.M ; k eyf̄f̄k̄f̄k̄ ḡA gekjh bl ifo= ekr̄H̄ie dk es n.M
 eyf̄f̄k̄f̄k̄ ; k thou d̄lnz , dek= /keɫ gh ḡA**3 Hkkjr; /kkf̄d̄ l d̄fr ea
 d̄oy Hkkjr dks gh ugh l kjs fo"o dks , d̄t̄v̄ djus ds l kol̄k̄f̄d̄ {kerk
 fo|eku ḡA bl fy, Loh foodkum us fo"o ; k l kol̄k̄f̄d̄ /keɫ ds fl) kr
 dh [kkst dhA

foodkum dgrs gS fd bl i' u dh t̄p̄ īe[̄k gS fd Hkkjr ea
 gh ugh] l d̄ kj ds l kjs /keɫ ea vki l h er̄H̄n ds fcl̄nq D; k ḡS muds
 vuq̄ kj ; fn n̄s̄kk tk, rks iR; d̄ /keɫ ; k etgc ea tks i k̄j̄H̄kd Lrj dh
 oS̄E; rk gS ml s gh ml /keɫ ; k etgc dk ey eku yus ds dkj.k
 l eL; k mR̄iUu gksh ḡA t̄c̄f̄d̄ **ēf̄r̄z̄ k̄ ēn̄j] fx̄j̄t̄k̄?kj ; k x̄f̄k̄ rks
 /kkf̄d̄ thou dh c̄k̄; kol̄Fkk ea d̄oy vk/kkj ; k l gk; d ek= gS v̄s̄
 ml s m̄Ȳk̄k̄j̄ m̄luf̄r gh djuh pkfg, A**4 ml̄ḡk̄s̄a c̄kj̄ c̄kj̄ vk̄ḡēku dj
 cryk; k fd /kkf̄d̄ oS̄E; rk ds i k̄j̄H̄kd Lrjka dks Lohd̄kj̄ dj fy; k
 tk,] tks fd Lok̄k̄f̄d̄ : l k l s gkrs gS rks bl ds ckn iR; d̄ /keɫ etgc
 dk l kol̄k̄f̄d̄ : i idV ḡr̄k̄ ḡS tks l k̄j̄H̄n̄ka dks l ekr̄ dj nr̄k̄ ḡA
 ^oLr̄r̄%gj /keɫ l kol̄k̄f̄d̄ ḡS ge viuh l f̄o/kk rFkk ckg; m̄īs̄; ka dh i f̄r̄z̄

ds fy, ml /keZ dh l koBkKerk dh mi\$kk dj ml sl kankf; d cuk nrs
gA^{**5} tks fd vkil h erlkn vls vyxko dk dlj.k cu tkrk gA ; fn
fopkj dj n\$ks rks ; g Li"V gks tkrk gS fd fo"o ds l Hkh /keZ ; k
etgcks ea i kjBkhd oSkE; rk rks gksch gh] D; kAd eny l Ykk ds ifr Hkkouk
vls J)k dh vfHkO; fDr] l Hkh tkfr; ka ea ,d leku fdl izlkj gks
l drh gS **/keZ vkRek dh oLrq gS vls og fofHkUu jk"VrB HkK"kkvka rFkk
jhfr&fjoktka ds ek/; e l s vius dks izdV djrk gA vr% ; g fu"d"KZ
fudyrk gS fd fo"o ds /keZ ea varj vfHkO; atuk dk gS rRo dk ugh
vls muea tks lekurk ; k ,d: irk gS og vkRek dh gS tks muea
varfuZgr gS D; kAd vkRek dh HkK"kk] pks ftu jk"Vts rFkk ftu
i jflFkfr; ka ea vius dks vfHkO; Dr dj\$, d gA^{**6}

bl fy, os ekurs gS fd l d kj ea ftrus eut; gS mrus i Bk]
l ank; Hkh gks tk, rks Hkh dkbZ QdZ ugh i Mrk D; kAd /kkfZd fofo/krk]
oSkE; rks l f"V dh l qjrk gS yfdu ; g cksk Hkh gksuk t: jh gS fd
mPpre ry ij l Hkh leku gS ; g l keatL; rk vfuok; Z gA os dgrs gS
& **bl s igys ea ,d ckr rEls i Nrk gWfd i Foh ds l Hkh /keZ D; k
ijLij fojkskh gS ejk vk"K; mu ctEgkpkja l s ugh gS ejk vk"K;
fofHkUu /keZ ea O; ogf efinj] HkK"kk] fO; kdk.M] 'kkL= i Hkfr dh fofo/krk
l s ugh gS eS i R; d /keZ ds Hkhrj dh vkRek dh ckr dgrk gA^{**7}

bl nf"Vdksk l s Lokeh fooskum Hkkjr dh bl leL; k dk lek/kku
djrsgSrFkk Hkkjr; eku l dks vkgeku djrs l n\$sk nrs gS fd os fdl h
Hkh HknHkko cgdkoa ea uk vkdj vius /keZ ds l koBkK; vkRe&rRo dk
vutko dja ; gh Hkkjr dh igpku gA ; fn bl izlkj dh o\$kfjd
ifjiDork mRiUu gks tk, rks Hkkjr ea fo|eku oSo/; rk rks D; k ijs
fo"o eafdl h dks Hkh] fdl h izlkj ds Hkn dh f"kdK; r ugh gkschA

ge vk/kfud Hkkjr dh n\$ jh izdK leL; k ij foe"KZ dja rks
bl dh foopuk bl izlkj i kjBk dh tk l drh gS fd fdl h Hkh n\$sk dh

igpku ogka dh I H; rk vřš I l dfr ds I kFk bl ij Hkh vkf Jr gšfd ml nřk ds ukxfjd dh I k p vi us nřk ds ifr fdl idkj dh gš ; g vk"p; žtud gšfd bruh ikphu I l dfr] uřrd eW; ka dh I ųe 0; k [; k] ikjy kř ddrk dk I Eeku] mnkjrk dh egku ij ijk okys gekjs nřk dk 0; fDr I ořkkfud fu; ekř dkuuks dls /krk crkus oky] LokřZ ds fy, HkřVkpj djus oky] fopkj vřš 0; ogkj ea cukovh gš fu; eka dks rkř/uk vřš HkřVkpj vkřkřud Hkřr dh ml jh cMh I eL; k gš bl ds dkj.k dh ryk" k gea viuh I k l dfrd 0; oLFkk vřš Lora= /kkřeđ mnkjrk dh tMka dh vřš ys tkrh gš

tř k fd imž ea Li"V fd; k tk pčk gšfd Hkřr ds nhřZ bfrgkl ea tks fo"ky /kkřeđ] uřrd vřřHkřrd j.k gřk gš rFkk 0; fDr dks tks I k/ku I eakř vl he Lora= rk inku dh xbz gš bl dk ij. kke gš fd tgka /kež ds {ks= ea o(ki vt k] i' kř vt k] imž t i vt k ea] ra=] ;= tř h vkřne ij ijk, gš rks I kFk gh vfu"ojoknh fl) kar] I k l dfrd eW; ka ij vkřkřr eřř t i vt k rFkk veřř cā prau Hkh fn[kykbz i Mřk gš ; gha ugh uřrd eW; ka I s I eđ /kr I eL; kvka ij řHkřu & řHkřu : ika ea brus i ž'uk řj rdž fordž vkřn eřřu gřs gšfd , d LFkk ij ftl uřrd ekř; rk dks I R; cryk; k x; k gš ogh ml ja LFkk ij ml ds foyke: I k ds Hkh ifr" Br fd; k x; k gš I R; & vl R;] 'křk & v" křk] ifo= rk & vi fo= rk] fgđ k & vřš I k l eakř vuđ ekin. M gea ikphu I řgrk vka vřš xřFka ea feyřs gš

, d k i rhr gřk gšfd Hkřr h; ekul dks ink; cgđ k l dfrd /kkřeđ Lora= rk dk ml ij mi i f. kke ; g gřk fd ml us viuk , d I řo/ktud uřrd 0; ogkj xř Br dj fy; k gš ml s yxrk gš bl nřk eafu; eka dk nřk I s ikyu dk dkbž caku ugh gš bl s Li"V djřs gř vkřkřud fopkj d iou ds oekž us viuh i řrd "Hkřr h; gřus dk vřřZ" eafy [kk gšfd "vko"; d ckr ; g gšfd fglnw ij Eijk ea geřkk uřrd

i k&l kgu ds ifr , d , d l fjo/kktud fo[k&Mr ifrfdz k dh vu&fr nh
g& l gh v&g xyr dh dkbz fufobkn ifj Hkk"kk, j ugh g& , dek= l e: i
ckr gS v&re ifj .kka⁸ l h/kk v&g Li"V gSfd Hkkjr esfuokl jr vud
tkfr l e&g& vl & ; /kkf&ed ekU; rkv&ka v&g u&rd vo/kkj .kkv&ka l s ; g
r; g&s tkrk gS fd , d Hkkjr h; bl fy, l fgrkc) u&rd fo/kkuka ds
ifr dkbz fuf"pr er ugh j [krk gSD; k&fd muds l gh ; k xyr g&us ds
ekin.M dh l hek dk fu/kkj .k ugh g& og vius dks nh xbz bl
Lora&rk dk nq i ; k&x djrk gS rFkk fu; eka dks rk&M&ej vius vu&rd
0; O&gkj dk& fdl h Hkh ikphu x&l/k ea mYy&S [kr m&j .k ; k rdz }&kjk ml s
l R; LFkkfir djus dh dk&f"kk djrk g& njvl y "ifrekuka dks /krk
crkua v&g l fgrkv&ka dk vF&Z rk&Mus ejk&Mus ds vud rjhds g&⁹ ; g
dkj .k g&s l drk g& tks ml s fu; eH&akrk dh v&g i&sr djrk gS fdUrq
; g mPN&kyrk fdl h Hkh n&sk dh 0; oLF&kk v&g bl dh Nfo g&rq ?kkrd
g& dkbz Hkh 0; fDr u&rd] l &S&kkfud fu; eka dk mYy&ka ku dj] H&ZVpkj
rc gh dj l drk g& tc ml dk LokF&Z n&sk l s < &ej g&rk g&

bl vu&rd v&g mPN&kyrk 0; o&gkj ds funku dh ryk"ki ; fn
Lok&h foos&kun dh foos&kukv&s ea fd; k tk, r&s ; g r&s fuf"pr gS fd
xy&ke Hkkjr ea foos&kun ds l e; ; g l eL; k ugh Fkh] fdUrq Lok&h
foos&kun njn&f"Vi w&Z fuf"pr cf} ds l k/kd F&ka ml&g&us vius l e; ea
gh n&[k fy; k F&kk

fd Hkkjr dk uo; &pd v&ast&h f"kk{kk i&kr dj fdl id&kj dk cu j&g gS
v&g ml dk vius vius n&sk ds ifr D; k fopkj g&

Lok&h foos&kun dk ; g ekuuk F&kk fd v&ast&ks }&kjk Hkkjr h; ka dks
tks f"kk{kk inku dh tkrh gS og muds 0; fDrRo dks i w&Z-% fu'ks&kk&Red
cukus ds l kF&k&l kF&k vius n&sk ds ifr ghu n&f"V dks Hkh mRiUu dj n&rh
g& v&ast&ks }&kjk f"kk{kk i k&B; d&e ds l nH&Z ea mudk er F&kk fd "d&key
efr ckyd i k&B"kk&yk ea H&kriz g&rk gS r&s l cl s igyh ckr tks ml s

fl [kkbz tkrh gS og g& rñgkj kki e[ki g& nñ jh ckr og l h[krk gS
 og ; g fd rñgkj nknk ikxy g& rñl jh ckr rñgkj aftrus f"kk(kd vñ
 vkpk; Z gS oa ik[k.Mh gS vñ pkñk ckr rñgkj aftrus ifo= xdfk gSmuea
 >Bh vñ diky dfYir kra Hkj h gñz g& bl idkj dh fu'k(kRed kra
 l h[krs l h[krs tc ckyd l kyg o"lz dh voLFkk dls igpprk gS rc og
 fu"kkka dh [kku cu tkrk g&¹⁰ og ik"pkR; l kdf r dls mPp rFkk
 Hkkjrh; l kdf rd iji jkva dls fiNMk gñk ekuua yxrk g& ml s
 Hkkjrh; iji jk, j vrkfd d yxrh gS vñ og gj idkj dh ikphu
 ekU; rkvñ fu; ekfn dk [kku djustyxrk g&

; g nñk; tu; gSfd ftl vaxth f"kk(k ij Lokeh foodkum us
 , d l nh iñz iz'u fplg yxk; k Fkk og xykeh ds l e; l j vktknh ds
 ckn vkt rd gekja f"kk(k ikB; ðe dk vk/kj cuh gñz g& gea , d s
 fpræka vñ fopkj dka dh l [; k deks"k de gh fn[kykbz i Mñh gS
 ftUgkus bl nñk dh iji jk dks xñ oi wñ vñ ifr"Br fd; k gks oju-
 vkt gea Hkkj r ea , d scñ) thfo; ka ds nks oxñ gj {ks= ea vo"; fn[kykbz
 i Mñs g& , d fopkj d os tks Hkkj rh; bfrgkl] l kdf rd eñ; ka dñ
 ik"pkR; iz kfy; k; ds [kps ea [kj uk mrjus ds dkj .k mlga l R; vñ
 ief.kd ugh ekurs gS rFkk nñ js tks bu Hkkj rh; eñ; ka ds l eFkd g&
 vaxth f"kk(k i) fr ds bl njækeh ifj .ke l s Lokeh foodkum voxr
 Fks bl fy, mlUgkus tc jked".k fe"ku dh LFkki uk dh rks ml ds izkku
 mnñ; ka ea Hkkj rh; l kdf rd eñ; ka ds l kFk ; g Hkh izkku fcUnwj [kk fd
 jked".k fe"ku dk mnñ; &^mlur pfj=deh r\$ kj djuk tks foKku
 vñ vU; fo"k; ka ea ikj xar gkdj tul k/kj .k dh Hkkd rd vñ v; kRed
 mlufr ds fy, vkRekl xñ djsæ Hkkj rh dh f"kyi] l kfgR; , oa
 yfyrdyk vkfn dh mlufr vñ foLrkj djuka¹¹

Lokeh foodkum dh l a wñ fopkj xar deZksh vñ mtkku
 thou ea; g Li"V nñk tk l drk gSfd muea vius Hkkj rh nñk ds ifr

vi he HkfDr Fkh rFkk mudk Hkkjrh; I ðdfr ea vxk/k fo"okl Fkka oa
vius v[k.M vrf; Hkkjr dk vkRel Eeku xlg'o ykS/kuk pkgrs FkA os
pkgrs Fks fd ijih nfu; k dks Hkkjr ds Klue;h I ðe vlg d: .kkoku
fo"kkY nf'Vdksk dk irk pyuk pkfg,A mlgs yxrk Fkk fd Hkfo'; ds
fo"o dks ftu I koHkkSfed eW; ka dh vko"; drk gksx os ikphu Hkkjrh;
I ðdfr ea fo|eku gS bl fy, os ckjckj Hkkjr dh turk Is ekfedl
vkgoku djrs gq dgrs Fks & ^vxkeh ipkl o'kkz ds fy, ;g tuuh
tIleHkkie Hkkjrekrk gh ekuka vjkk/; nsh cu tk,A ----- viuk ijkk
/;ku bl h ,d b'oj ij yxkvk gekjk n'sk gh gekjk tkxr nork gA
I oZ ml ds gkFk gA I oZ ml ds iSj gS vlg I oZ ml ds dku gA**12

n'skie gh og I ek/kku gS tks HkzVkpj vlg fu; eHkark tS h
Hkkjr dh fodjky I eL; k dk funku gA nksuks gkFk ckks Lokh foodkum
viuh Hknd vlg fuHkz; nf'V I sekuka Hkkjrh; turk dks ;gh I n'sk ;k
ij .kk nsjgs gSfd vius n'sk dks I okz fj I cl s Åij j [kkA

I mH2rFlk fVli .h &

- 1- Hkfxuh fuofnrk] Lokeh foodkum & tš k mlgs nšk vuoknd & Lokeh fongkRekun] i'B & 150 jked'.k eB ukxiĵ & 2018
- 2- ogh & i'B & 148
- 3- ipe [k.M & i'B & 44 foodkum I kfgR; v}š vkkJe dšydkrk 2014
- 4- foodkum I kfgR; iEke [k.M i'B 17 v}š vkJe dšydkrk & 2014
- 5- yky cl r dēĵ & I edkyhu Hkkjrh; n"ku i'B & 57
- 6- foodkum I kfgR; uoe [k.M i'B 159 v}š vkJe dšydkrk
- 7- foodkum I kfgR; rrrh; [k.M i'B 129v}š vkJe dšydkrk & 2012
- 8- oekZ ds iou Hkkjrh; gkusdk vFkz i'B 39 iHkr izk"ku fnYyh
- 9- ogh
- 10-foodkum I kfgR; ipe [k.M i'B & 194v}š vkJe dšydkrk & 4 1993
- 11-JhokLro e/kfydk & jked'.k eB ,oa jked'.k fe"ku bfrgkl] vkn"kz ,oadk; 7 & i'B 11] izk"kd jked'.k eB ukxiĵ 2013
- 12-foodkum I kfgR; ipe [k.M i'B & 193v}š vkJe dšydkrk & 1993

xlfk l ph

- 1- & foodkun l kfgR; & iFke [k.M v]}\$ vkJe dkydkrk 2014
- 2- & foodkun l kfgR; & f}rh; [k.M v]}\$ vkJe dkydkrk 2014
- 3- & foodkun l kfgR; & rrrh; [k.M v]}\$ vkJe dkydkrk 2014
- 4- & foodkun l kfgR; & prf{kz [k.M v]}\$ vkJe dkydkrk 2014
- 5- & foodkun l kfgR; & ipe [k.M v]}\$ vkJe dkydkrk 2014
- 6- & foodkun l kfgR; & N"Be xfk v}\$ vkJe dkydkrk 2014
- 7- & foodkun l kfgR; & l re xfk v}\$ vkJe dkydkrk 2014
- 8- & foodkun l kfgR; & v"ve xfk v}\$ vkJe dkydkrk 2014
- 9- & foodkun l kfgR; & uoe xfk v}\$ vkJe dkydkrk 2014
- 10- & foodkun l kfgR; & n"ke xfk v}\$ vkJe dkydkrk 2014
- 11- & Lokeh foodkun & ejh thoudFkk ¼kRedFkkud mfDr; kdk l dyu½ l Eiknd ,oa vupkn&Lokeh fongkRekunjked".k eB ukxij&2008
- 12- & Hkfxuh fuofnrk & Lokeh foodkun& t\$ k mlgs n[kk jked".k eB ukxij&2008
- 13- & Lokeh fuf[kykum & foodkun ,d thouh v}\$ vkJedkydkrk&2016
- 14- & Lokeh fongkRekun & Lokeh foodkun v{kj mudk vonku v}\$vkJe dkydkrk&2018
- 15- & jkek jkyk & foodkun dh thouh v}\$ vkJe dkydkrk&2017
- 16- & fnudj jke/kkjh fl g & l k dfr ds pkj v/; k; ykdHkkj rhidk"ku bykgkckn&2003
- 17- & f[kyukuh] l phy & vorj.k ¼kkjr ds 50 , frgkfl d 0; fDrRo½
- 18- & oekz ds iou& Hkkjrh; gkus dk vFkz iHkk r idk"ku fnYyh
- 19- & JhokLro e/fkydk & jked".k eB ,oa jked".k fe"ku bfrgk l vkn"lz , oadk; Zjked".k eB ukxij&2013

-
- 20- & 'kdkkdk & /keZ dk n[kkar] vk/kkj izdk"ku i pdyky] gfj; k.kk
- 21- & mik/; k; Hkxor"kj.k & Hkjrj; Iekt dk , frgkfl d
fo"ySk.kok.kh izdk"ku] ubZ fnYyh&2014
- 22- & Ykky cā r dēkj & Iedkyhu Hkjrj; n'kz& mRrjins'k fgluh
I kFku y[kuÅ&2002

ABOUT THE AUTHOR



डॉ. हरनाम सिंह अलरेजा संप्रति – विगत 30 वर्षों से मप्र, छ.ग के विभिन्न महाविद्यालयों में दर्शनशास्त्र विषय का अध्यापन, वर्तमान में विभागाध्यक्ष (दर्शन शास्त्र) पद पर शासकीय दिग्विजय महाविद्यालय, राजनांदगाँव (छत्तीसगढ़) में कार्यरत। भारतीय दर्शन में विशेष रुचि इनका मानना है कि दर्शन अध्ययन ही आनंद का घोटक है। विवेकानन्द स्मृति तुलनात्मक धर्म दर्शन तथा योग अध्ययनशाला पं. रविशंकर शुक्ल विश्वविद्यालय रायपुर से मानवनियति तथा स्वातन्त्र (सांख्य बौद्ध और अद्वैत दर्शन के विशेष सन्दर्भ में) विषय पर पी. एच. डी. की उपाधि (1995) यू.जी.सी. द्वारा प्रदत्त, साम्प्रदायिक सन्दर्भ तथा धार्मिक पुनर्विश्लेषण विषय पर माइनर रिसर्च प्रोजेक्ट पूर्ण (2010) तथा इस पर पुस्तक का प्रकाशन विवेकानन्द तथा आधुनिक भारत हेतु प्रेरक तत्व पर एक लघु शोध परियोजना पूर्ण (2022)। लगभग 35 राष्ट्रीय अंतर्राष्ट्रीय संगोष्ठियों में शोध पत्र वाचन तथा सहभागिता लगभग 25 शोध पत्रों का प्रकाशन



India | UAE | Nigeria | Malaysia | Montenegro | Iraq | Egypt | Thailand | Uganda | Philippines | Indonesia

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